November 4-8, 2006, the place to be is Boston, Massachusetts for the 134th APHA Annual Meeting & Exposition. Thousands of students and over 13,000 public health professionals are expected to converge upon the city prepared to learn, teach, network, and party. Everything starts on Sunday, November 5th at noon with Drs. Paul Farmer and Helene Gayle speaking during the Opening General Session. Following the Opening General Session, the Annual Meeting is officially kicked off. This also opens the Public Health Expo, the largest and most comprehensive public health exhibit featuring more than 675 booths of information, state-of-the-art products, and services geared towards public health professionals. Make sure to stick around the Expo Hall for the New Connections Reception beginning at 5:30 PM.

With so much to see and do and so little time at the meeting, it is important to plan ahead. Some not to miss student Assembly events include APHA Member Orientation to the Annual Meeting & Student Assembly Orientation (#3189.0), the SA Social scheduled for Monday, November 6th at 8 PM, the SA career sessions, and the SA Strategic Planning (Business Meeting) (#420.0). At this year’s career sessions, scheduled to speak are Drs. Barry Levy, Marian McDonald, and Victor Sidel during the general public health session, and Dr. Mary Anne Mercer, Ms. Alicia Ely Yamin, Dr. Daniela Iancu, and Dr. Sharon Rudy during the international health session. We are also excited this year with the addition of 5 new student poster sessions and 3 new student oral sessions. You can see those sessions, as well as other not to miss student sessions at http://apha.confex.com/apha/134am/techprogram/program_603.htm. Support your fellow students by attending these sessions.

We hope to see you there!
Dear Members of the APHA Student Assembly,

Thank YOU for a wonderful year! I am elated to see how strong the Student Assembly has become since I wrote to you in last year’s Annual Meeting Supplement. Our programs are healthy and plentiful, we have offered new and exciting member benefits in the past year, and our membership has steadily increased.

This year we have had a full and active board of directors working to bring you some fantastic membership perks:

- Nation-wide job, internship, fellowship, and volunteer opportunities
- Resume-building activities such as abstract-reviewer positions, board member application reviewer positions, and competitive scholarship contests
- The online National Mentoring Program
- National Public Health Week Student Toolkit
- APHA Campus Liaisons at YOUR school
- Section Student Liaisons to bring important section information to YOU

I am also proud to see that the student membership in APHA has grown dramatically and I would like to take a moment to thank you for joining or renewing your membership. I’d like to extend a special welcome to all of those students who are outside of schools of public health and those who are working on their undergraduate degrees – your participation in the Student Assembly helps us to maintain a level of diversity that is necessary to send a strong message that public health practice and advocacy are EVERYWHERE!

I would also like to announce that last year, more students than ever began to get involved in their State Public Health Associations. The APHA Committee on Affiliates has taken a strong interest in student members and has encouraged students to become or remain active in their state Affiliates. The Student Assembly actively supports this partnership.

Not only are more students becoming involved in their Affiliates, we have seen more students become involved in public health research and would like to applaud you for your wonderful work. This year, students sent in record numbers of abstracts for the annual meeting and the Student Assembly has more than doubled its sessions to accommodate your needs. Keep ’em coming!

Finally, the Student Assembly Website has received a facelift and is now being actively updated to serve you with the most up-to-date information that the SA has to offer. This year we have added important announcements to our homepage, pictures and biographies of the board that serves you, and tons of student opportunities from the opportunities committee chairs. Please visit www.aphastudents.org for more. And, if you’re in Boston this year, stop by our booth to get to know us and get involved!

Meredith Masel, LMSW
Chair

APHA-SA What Have We Done?
I would like to take this opportunity to say thanks again to the student members of APHA, and welcome to those of you who are new members attending the 134th Annual Meeting in Boston, MA. Without your support the Student Assembly would not be where it is today. As Meredith Masel, APHA-SA Chair indicated, the Student Assembly has experienced tremendous growth in the past year in terms of both membership numbers and programs offered. After a remarkable year, what’s next for APHA-SA? I would like to highlight a few areas that will be the focus of continued growth over the course of the next year for the Student Assembly.

APHA-SA outreach to students will expand over the next year through a number of programs. The Campus Liaison program is approaching 40 active liaisons across the U.S. who represent APHA-SA at the local level. By actively expanding this program, we can continue to have direct APHA-SA representation on campuses all across the country. Current plans include recruiting 60 or more liaisons and expanding efforts to begin contacting undergraduate students. Likewise, the APHA-SA Section Liaison program coordinated by our Advancement Committee Co-Chairs represents a way to reach out to APHA-SA members through their specific areas of interest in their sections. By expanding these two programs and continuing to utilize our liaisons in new and creative ways, we can successfully reach out to students to promote APHA-SA.

We’re all aware of the incredible diversity of the field of public health. As a result, searching for a job, internship, or fellowship following graduation can be intimidating. By continuing to improve the NMP and Alumni Database, APHA-SA can link students to expert advice from established professionals and provide direction for planning a career in public health. By making model career tracks available to our membership and facilitating mentor-mentee relationships, APHA-SA can help alleviate the anxiety may accompany the process of landing a job following graduating.

I would also like to emphasize increased collaboration with other student organizations in disciplines related to public health. In years past APHA-SA has collaborated with student organizations such as the American Medical Student Association, and APHA-SA is an active participant in the Student Health Alliance. However, reaching out to our fellow students across disciplines will not only strengthen our ties with students outside of the field of public health, but also help make APHA-SA and students in public health more well-known as strong collaborators.

Finally, maintaining clear, consistent, and timely lines of communication with our membership is and will remain a priority over the course of the next year. Our website (www.aphastudents.org) has become a critical resource for updated information on activities of each of our committees, and we will continue to expand the information that is available online. Additionally, our list serve remains the focal point for communication with our membership, and will continue to be a source of useful information for the year to come.

I would like to close on a note of encouragement: get involved in APHA-SA! The Student Assembly is continuously recruiting committee members, periodically seeking co-chairs, and annually elects the positions of chair-elect, secretary-elect, and treasurer-elect. APHA-SA welcomes students of all backgrounds, experience, and expertise, and there are numerous opportunities to become involved. Not to mention, working with other students is invigorating because they are intelligent, energetic, and passionate. I urge you to use your time in Boston to network with your peers and become involved in the Student Assembly so that you can share the experience that so many other students have had. Visit our website or our booth in the expo hall for more information on how you can become involved in APHA-SA.

Have a fantastic year and enjoy your time in Boston!!

Darren Mays, MPH
Chair-Elect
The APHA Student Assembly (SA) board, especially the Finance and Development committees, work each year to ensure the SA has adequate funding to maintain board activities, plan events, and provide membership benefits. The Finance and Development committees also work with other board members to raise additional funds for scholarships and awards, Annual Meeting activities, and grants for APHA-SA programs.

Since last year’s annual meeting, the SA board has worked to increase our level of financial stability in all areas. This year, the Finance and Development committees led the SA’s second annual fund-raising campaign to raise scholarship money to help students selected to present scientific research attend the annual meeting. This year’s fund-raising efforts allowed APHA-SA to double the number of scholarships awarded, providing ten annual meeting registration fees for students presenting at the 134th Annual Meeting in Boston, Massachusetts. Through the diligence of our Development and Finance committees, our Campus Liaisons, and other board members, as well as the openhandedness of our donors, the scholarship program has raised over $3,500 to support student attendance at the APHA annual meeting in the future. If you plan on submitting your work to present at the meeting in Washington, DC next year, be on the look out for our call for applications in the late summer.

Securing funds for the SA’s annual National Student Meeting held the Saturday prior to the start of the APHA annual meeting, is a primary goal for our board members. Last year, the Finance and Development Committees secured a grant from the Macy, Jr. Foundation of New York to support the first National Student Meeting. This year, despite an unsuccessful attempt to secure a CDC conference support grant, the SA Development and Finance committees and Executive Board received a one-year no cost extension on the Macy Foundation grant to support the second annual National Student Meeting titled “Translating Research into Practice.” Once again, this year our student meeting planning committee has assembled a fantastic panel of professional speakers and student presenters, and an advocacy training session—all provided free of charge to students who registered in advance-in part due to the work of our Finance and Development Committees in raising the funds.

Lastly, due to substantial growth in membership in the previous programming year, APHA-SA’s operating budget increased, allowing our board members to work to provide more benefits to our members. This year APHA-SA board members have poured their energy into a number of projects including expanded programming for the 134th Annual Meeting; refining and revising our website (www.aphastudents.org); expanding our Campus and Section Liaison programs; continuing to improve the National Mentoring Program website; generating weekly student opportunities emails; and coordinating a successful student action week (February 2006) and National Public Health Week (April 2006).

This list is only a snapshot of our board members’ activities and the benefits that we are able to provide APHA-SA members; however continuous work to maintain fiduciary stability and increase our levels of funding behind the scenes ensures our board members’ success in putting together such programs and activities.

Written By: Darren Mays
Chair-Elect
Treasurer: Ying Li
Finding Your Place In APHA

The Student Assembly provides many outlets for involvement while one is a student. Given the strength and mentoring provided by the Assembly, I refer students to the SA first. However, all students can also hold a tandem membership in a Section that reflects their major professional interests or goals. So, once one graduates but wants to stay involved, it is important to switch one’s attention to a Section (note that one may also belong to a caucus as well, but the real work in APHA is from Sections). APHA tends to allocate very early time slots for business and planning meetings, so trying to get involved often requires early rising and finding the meeting sites at 6:00 or 6:30 AM. Once there, you have to identify jobs you can do when no one knows you.

Early volunteer jobs include such things as abstract review, being a reporter for the newsletter, staffing the section booth during the annual meeting, or volunteering to moderate a scientific session. These are all labor-intensive activities, and the ones at the annual meeting do take time away from attendance at sessions. The “career ladder” I outlined in The Nation’s Health includes committee work, committee chairmanship, section offices (including Governing Council), ending up with Section chair. You may have several terms on Governing Council. Or you can volunteer to help write resolutions which may become association policy.

Then let Section leadership know you are interested in membership in one of many association-wide boards or committees. All Sections nominate candidates for the Action Board, Science Board, and Education Board. Interested candidates can be put forward for the Committee on Women’s Rights, and other APHA activities. Ultimately, with your Section and State Affiliate backing, you run for Executive Board.

Walking cold into a room filled with strangers is hard. The APHA name tags help, because you can call people by name as you introduce yourself as a recently graduated young professional. Then tell Section leadership that you’d like to work for the Section. Get a copy of the roster or go on the Members Only website and find the leadership. Remind them that you’d like to review abstracts or help in other tangible ways. If the Section has a listserv, subscribe.

Name tags are a great way to get to know people. Public health professionals, for the most part, are open and supportive people. Ask what someone does in their agency if it is listed on their name tag. Or comment on the part of the country they come from. Sometimes it is not easy to break the ice at APHA because people get together with old friends and colleagues and close out newcomers. Some sections make deliberate efforts to include new professionals. And if you have been active in the Student Assembly, you’ll find you have a cohort of people you know and relate too as the years go by. Encourage other students to get involved by submitting posters and going to Assembly functions. The fund raising for scholarships also gets attention. When you move from the Assembly to a Section, encourage the Section members to support students in their discipline or professional field.

APHA is about networking. This begins with the Section you select. As you volunteer for various activities, you develop valuable contacts around the Nation. Want to meet a lot of people? Volunteer to help with - or chair - the program committee for your section. You’ll meet people from other disciplines as you work in interdisciplinary boards and committees. And these contacts help when you run for major offices. Also, join your state affiliate so you get to know local health professionals.

The current fiscal environment makes it hard to get to APHA. Although APHA created a reduced dues level for your first non-student year, many local, county and state employers do not have funds to support participation in APHA. Others require that you are selected to present in order to get support to attend. Remember a poster is the equivalent of a paper for “presenting.” And those who are deeply committed have been known to save their pennies and fund themselves to get to APHA.

Curious about how APHA policy is developed? Attend the public hearings for resolutions and working papers. Attend orientations for new members. Ask questions. Sit in on the Governing Council meetings and ask other observers what is going on. APHA is a complex, convoluted and fragmented organization. There are papers on the web to help you understand the pieces of the Association. But don’t be afraid to find someone who looks like a likely mentor and ask questions. You can skip the huge functions like receptions and Celebration because there tend to be too many people to make contacts. But don’t turn down alumni and section receptions. There will be food and probably people you know.

In the end, APHA is an organization that can speak up and speak out about public health policy, legislation, manpowered training, and other critical issues. It is a place to learn, to share, and to make valuable contacts. And if I didn’t address your specific question, please contact me and ask. We have an important task in articulating issues for the nation’s health. We have to work together to make things happen. I am very encouraged and excited about the quality and contributions of the APHA Student Assembly. As Assembly members, you are getting a head start and advantage that many of us Elders didn’t have when we started out. Take advantage of supporting one another and APHA. And thank you for preparing to do the hard work of public health.

Patricia (Pat) D. Mail, MPH, PhD President, APHA
How to Navigate the APHA Annual Meeting

If you are a first time attendee to the APHA Annual Meeting and Exposition, on first appearances you may feel overwhelmed by all the sessions and events scheduled in four days. But here are some tips to help you navigate the meeting and get the most from it.

First, you must plan your sessions and events at the meeting using the Personal Scheduler - see the next following pages on a guide on how to use the Personal Scheduler. If you don’t use it before you leave, you can always use it at the APHA Annual Meeting at one of their free, convenient computer stations (i-Communicate Centers). Either way it is suggested to read the abstracts and presentation information online before attending any session because the Annual Meeting Program is over 400 pages, with only dates, times, room locations, titles, and authors for the presentations.

Once you arrive in Boston and are checked into your hotel, the first thing you should do is make your way to the Boston Convention & Exhibition Center to pick up your registration materials. If you preregistered for the APHA Annual Meeting, you received your name badge (similar to a credit card) by mail before the meeting. But you still need to get your name badge holder, the Annual Meeting Program, and the official Annual Meeting carrying bag. If you arrive on Saturday or Sunday morning, it is best to get your registration materials early because in the few hours before the Opening Session on Sunday the registration desks will be extremely busy. And you must have your name badge and badge holder in order to access all sessions, as well as the APHA Public Health Expo.

Registration hours are as follows:
- Saturday 11/4/06 7:30 am - 6:00 pm
- Sunday 11/5/06 7:30 am - 6:00 pm
- Monday 11/6/06 7:30 am - 5:00 pm
- Tuesday 11/7/06 7:30 am - 5:00 pm
- Wed. 11/8/06 7:30 am - 12:30 pm

Now that you have your Annual Meeting Program, there are some things that make using it even easier. One is the foldout dividers inside the program. Before each section, you will find a foldout, thick divider with headings on it. Using these with help with turning quickly to the sections you are looking for. In the past, headings included Highlights / General Information / Floor Plans, Continuing Education Institutes and Approvals, Scientific Sessions / Business Meetings / Social Hours, Exhibits, Committees / Boards / Awards, and Sponsor Index / Author Index / Subject Index. These dividers also have advertising on them, so make sure to read them to see if there is anything of interest.

Another thing that makes using the Annual Meeting Program easy is to understand the numerical designation of sessions and events during the meeting. All official APHA sessions, events, and business meetings have a 3-digit or 4-digit number to identify the activity. One easy thing to remember is the first digit correspons to the day of the activity. Saturday is the first day of the meeting (mostly continuing institutes occur) and therefore all sessions have a 1,000 designation. Sunday is the second - all sessions are 2,000; Monday is the third - all sessions are 3,000; Tuesday is the fourth - all sessions are 4,000; and Wednesday is the fifth - all sessions are 5,000. When you see a session advertised that interests you, if it is #3189.0 - you know that this session is scheduled on Monday, and once you look in the Annual Meeting Program under Monday, you will see that this the APHA Member and Student Assembly Orientation, a must attend session!

Similar to sessions, business meetings have numerical designations, though business meetings use the 3-digit designation. An event advertised as #420.0 would be a Business Meeting on Tuesday, the APHA Student Assembly Strategic Planning meeting to be in fact.

Another tip for deciphering the types of sessions is the time allotment for them. Poster sessions are only an hour, are held in the Expo Hall usually near the back, and allow for the attendee to casual walk around viewing and discussing the posters with the authors. Whereas, oral sessions are an hour and a half, held throughout the convention center and some nearby hotels, and follow a strict schedule. Though the Annual Meeting Program lists the approximate time of particular speakers during sessions, it is not suggested to move from session to session to hear different speakers during the same time slot. The order of speakers in any given session may be rearranged for need and you may miss a speaker you wanted to hear.

Getting around the meeting to see all the presentations can be a challenge in itself, however inside the Annual Meeting Program you will find the floor maps of the Convention Center, the Expo Hall, and the area hotels that contain some sessions and events. It is best to examine these floor maps before setting off to a session because you don’t want to be on the wrong side of the Convention Center with only a few minutes to get back to the other side. An additional note, more than 900 scientific sessions are scheduled during the course of the APHA Annual Meeting, prohibiting pre-registration for individual sessions. Plan on arriving at your sessions early. Seats are available on a first-come, first-served basis.

Although there are so many sessions to keep you busy during the meeting, don’t forget to set time aside to visit the APHA Public Health Expo. This is the largest and most diverse public health exhibit, featuring more than 650 booths of information, state-of-the-art products, and services geared towards public health professionals. The Expo provides an excellent opportunity for attendees to meet and greet each other while learning more about public health careers, visiting with publishers, computer and pharmaceutical companies, schools of public health, health-related governmental agencies, non-governmental organizations, and APHA sections / SPIGS / caucuses. Stop by each booth to speak to the representatives, as well get any great freebies!

The APHA Annual Meeting has some attendee-friendly services for your convenience and use. Because there are over 13,000 attendees and you may not be able to network with everyone you want to at the meeting, the Activity Posting Center and the Message Center should be on your to-do list everyday. The Activity Posting Center contains flyers to advertise meetings or special events. Some last minute events may be advertised there, so make sure to check often. The Message Center comprises televisions that scroll continuously with names to notify you if you have received a message on your i-Communicate email during the meeting. If you see your name, you can receive your message from the i-Communicate station using one of the computers. Both services are great ways to stay in touch with people during the meeting.

These are just some of the tips to help you navigate the meeting, and ensure you get the most of your attendance at the APHA Annual Meeting and Exposition. To hear more, make sure to attend session #3189.0 APHA Member and Student Assembly Orientation. See you then!!!
How to Get the Most Out of the APHA Annual Meeting or

The Three P’s of Conference Attendance: Planning, Planning, Planning

You’ve registered for the meeting, have your flight plans and hotel set, and are sitting back waiting for November 4th to come along because what else is there to do? Plan your meeting time, that’s what. With over 4,000 presentations scheduled over 3 days, it is easy to become quickly overwhelmed on Monday morning of the meeting if you did not map out your days before leaving home.

APHA has helped out conference attendees by offering the Personal Scheduler. We don’t leave home without using Mapquest to get driving directions; why would anyone leave home without using the Personal Scheduler? To access the site, go to the main meeting page - http://www.apha.org/meetings/, click on “Personal Scheduler” on the left-hand side, after reading the overview, click on APHA Personal Scheduler. For first time users, make sure to register using an email address and creating a password. Once you have registered, you can log-in at any time with your email address and password to update, view, print, and download your created schedule.

Use the search engine above to look for specific topics, speakers, sessions, or events.

Once you have sessions, presentations, and events saved, use this to view your schedule.

Here are your sessions or presentations that you have saved to review later.

You can also search by day and time or Section / SPIG / Caucus.

You can even add non-APHA events to your schedule – like the SA social on Monday, 8 PM.
How to Use the Personal Scheduler

You have 3 choices – Attend, Read (for later), or Skip. Click on the button to select your choice.

You can also select your choice in the session page or presentation abstract page, after reading about it.

Once you have mapped your meeting time, it is now time to view it. Click on “My Schedule” on the bottom of the screen.

Print your schedule for taking with you or upload to your PDA or Outlook calendar.

Events that conflict will highlight to notify you.

Instead of selecting an entire session, you can also select just a presentation in the session.

Example of a write-in event: in this case the Student Assembly Social at 8 PM.

Below the table, you can read your detailed schedule.
Cont. How to Use the Personal Scheduler

Once you receive your Annual Meeting badge (if you preregistered), you can log into the Personal Scheduler to view room locations of sessions and events. This will help you map out your day. But a strong word of caution - always verify the room location with the Annual Meeting Program in Boston because there have been occurrences in the past where the room locations did not match. If one of your sessions or events has two different room locations, you should go to the Help Desk at the meeting to check on the correct location.

If you plan ahead for your time at APHA, you can have a successful and productive conference time. There’s nothing worse than getting home and everyone asking you, “So what presentations did you see?” And you saying, “I didn’t have time to see anything because I kept running around trying to figure out what I wanted to see.” Good luck and see you there. I will be the one with my printed schedule in hand!

Kristy A. Siegel, MPH, CHES
Programming co-chair

Get Involved!

Student Assembly of America Public Health Association needs Campus Liaisons!

The American Public Health Association’s Student Assembly (SA) Campus Liaison Sub-Committee Chair is looking for public health students to act as Campus Liaisons. This is a wonderful way to gain leadership experience and to network with students from other schools of public health. Campus liaisons serve as their school’s representative to APHA-SA. Becoming a campus liaison is a great way for a student to get involved in the SA and, in doing so, develop leadership skills and foster relationships with other public health students. This position will also provide students with a unique opportunity to become more cognizant of national student initiatives within APHA. A liaison plays a key role in SA by helping recruit new members and disseminating information about SA and APHA to students, faculty and administrators at colleges and universities across the country. It does not take a significant amount of time to serve as a liaison.

Please visit our website for a current listing of schools that have campus liaisons.
http://www.aphastudents.org/campus_liasons.php

If you are interested in serving, or in finding out more, please contact:

Lenette Golding, MPH
APHA-SA Campus Liaison Sub-Committee Chair 2006
lenetteg@yahoo.com
Not to Miss Sessions at This Year’s Meeting!

APHA Member Orientation to the Annual Meeting & Student Assembly Orientation
(MONDAY, NOV. 6, 2006: 12:30 PM-2:00 PM – BCEC 160B): This session is designed for first-time attendees and/or new members, but all are welcome! With almost 900 Scientific Sessions and hundreds of business meetings, this is a meeting full of opportunities but only if attendees are aware of them. Staff will suggest ways to organize and manage on-site schedules and maximize productivity as well as outlining the many opportunities for networking at Section and SPIG business meetings and Social hours. In addition, staff will provide information on how to access the many member benefits that will follow after the meeting. The Q&A portion allows time to address individual inquiries regarding the meeting and membership. Students are encouraged to attend the orientation at 12:30 pm to learn about the Student Assembly benefits.

Concerns in Children’s Health
(MONDAY, NOV. 6, 2006: 2:30 PM-4:00 PM – BCEC 211): Owing that a child’s health impacts his growth and development to become a prosperous adult, it is imperative that his childhood be free of factors that inhibit this healthy growth. Some of those factors affecting his health include lack of access to medical care, barriers to immunization, inability to feed, and use of alcohol, tobacco, and other drugs. The presentations in this session will discuss these factors and offer solutions to combat them to ensure children develop into healthy adults.

Innovative Approaches to Student Training and Education
(MONDAY, NOV. 6, 2006: 4:30 PM-6:00 PM – BCEC 211): This session highlights five innovative student training and education programs in the U.S. today. In order to prepare students to become public health practitioners, it is important to move the education and training out of the classroom. During these presentations, participants will learn how to plan a health and human rights series on campus, rekindle a student organization, build partnerships with community groups, personalize health and wellness courses, and use reflection to promote deep learning.

Launching Your Career in Public Health
(TUESDAY, NOV. 7, 2006: 12:30 PM-2:00 PM – BCEC 51): This session will allow students to explore the field of public health and find ways to enhance their academic training through presentations by prominent public health figures. It will also give attendees an opportunity to consider their future in public health. Participants will learn what qualities and experiences employers are seeking in potential employees and how best to network and identify employment opportunities in their field of interest.

Exploring Careers in International Health
(TUESDAY, NOV. 7, 2006: 2:30 PM-4:00 PM – BCEC 51): This session will feature prominent public health figures who will speak about their experiences in international health and demystify international health career paths. Discussions will be held regarding the various avenues through which to pursue a career in international health. Participants will learn what qualities and experiences employers are seeking in potential employees and how best to network and identify employment opportunities in their field of interest. In addition, speakers will discuss how their work satisfies the promotion of humanity.

Current Topics in Student Research
(TUESDAY, NOV. 7, 2006: 4:30 PM-6:00 PM – BCEC 51): This session includes presentations on current student research. Topics include physicians’ teaching of testicular self-examination, demographic patterns of stage at diagnosis and survival for ovarian cancer, effectiveness of faith-based screening of obesity, and investigation of energy balance and weight maintenance of college males.

APHA Student Assembly Late Breaker
(WEDNESDAY, NOV. 8, 2006: 8:30 AM-10:00 AM – BCEC 260): This session includes presentations on current student research. Topics include stress reduction interventions among mothers, caregiving strategies of teen mothers, use of interactivity in web-based drug and alcohol course, and human papillomavirus vaccine acceptability.

Implications in Reproductive Health: Youth, Women, HIV/AIDS/STI
(WEDNESDAY, NOV. 8, 2006: 8:30 AM-10:00 AM – BCEC 257A): This session includes presentations on reproductive issues relevant to the pregnancy continuum: a prenatal issue on maternal mortgage; pregnancy topics related to gestational diabetes and oral health care; and postnatal issues on breastfeeding intentions and mothers with HIV/AIDS.

Check out the next few pages for more not to miss sessions & activities!
### Student & Young Professionals: Poster & Oral Sessions

*Sessions in **BOLD** are APHA-Student Assembly sessions*

<table>
<thead>
<tr>
<th>Session #</th>
<th>Date</th>
<th>Times</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>3041.0</td>
<td>Mon., Nov. 6</td>
<td>8:30 - 10:00 am</td>
<td>Global Health Careers: Opportunities and Employers' Perspectives</td>
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<td>3055.0</td>
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<td>8:30 - 10:00 am</td>
<td>Student projects in occupational health: Roundtable</td>
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<td>10:30 - 11:30 am</td>
<td>Delta Omega Honorary Public Health Society: Student Excellence Part I</td>
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<td>10:30 - 11:30 am</td>
<td>Delta Omega Honorary Public Health Society: Student Excellence Part II</td>
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<td>10:30 - 11:30 am</td>
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<td>10:30 - 11:30 am</td>
<td>Committee on Affiliates Student Poster Session III</td>
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<td>3134.0</td>
<td>Mon., Nov. 6</td>
<td>10:30 - 12:00 pm</td>
<td>MCH Student Papers Session</td>
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<tr>
<td>3179.0</td>
<td>Mon., Nov. 6</td>
<td>12:30 - 1:30 pm</td>
<td>PHEHP Student Abstract Contest Winners</td>
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<td>3189.0</td>
<td>Mon., Nov. 6</td>
<td>12:30 - 2:00 pm</td>
<td>APHA Member Orientation to the Annual Meeting &amp; Student Assembly Orientation (Oral)</td>
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<tr>
<td>3257.0</td>
<td>Mon., Nov. 6</td>
<td>2:30 - 3:30 pm</td>
<td>Identifying Health Issues that Impact Disenfranchised and Vulnerable Populations</td>
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<td>Mon., Nov. 6</td>
<td>2:30 - 3:30 pm</td>
<td>Emerging Issues in International Health</td>
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<td>3260.0</td>
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<td>Student Submissions - Medical Care</td>
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<td>5001.0</td>
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<td>8:30 - 9:30 am</td>
<td>Perspectives on HIV/AIDS &amp; Sexual Issues</td>
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<td>8:30 - 10:00 am</td>
<td>Implications in Reproductive Health: Youth, Women, HIV/AIDS/STI (Oral)</td>
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## Other Section Activities that Might Interest You!

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<th>Section</th>
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<td></td>
<td>279.0</td>
<td>Sunday, Nov. 5</td>
<td>4:00 - 5:30 pm</td>
</tr>
</tbody>
</table>
APHA-SA Student Scholarship Winners

Megan Canavera - Universal elementary school-based interventions to prevent childhood obesity (#4260.0)

Annie Chu - Health-related Quality of Life for children with birth defects in China (#3258.0)

Yola Patricia Duhaney - Obesity and overweight in Black Women: Assessing the effectiveness of a faith-based screening program (#4296.0)

Negar Elmieh - Role of lifestyle characteristics and risk perceptions in preventing West Nile virus disease (#3363.0)

Julia Eminger - Enhancing stress reduction interventions through the exploration of working mothers’ determinants for practicing meditation (#5032.0)

Naomi Goodman - Compassionate research: Exploring answers to ethical questions (#3364.0)

Tilly A. Gurman - Let’s get it on: Implications of sexual content in African American situation comedies (#5001.0)

Andrew Horowitz - Assessment of physicians’ teaching of testicular self-examination in the outpatient setting (#4296.0)

Jaqueline Leung - Perspectives on health: Findings from a qualitative study on migrant farm workers in Iowa (#5000.0)

Andreea Seicean - Healthcare of elderly legal immigrants (#3363.0)

Jessi Westling - Generation Sex: STI education and prevention (#3364.0)

Interested in being more involved in the APHA Student Assembly?

The APHA-SA Development Committee Wants You!

The Development Committee establishes and maintains a strong financial base, supporting administration of all fund raising activities within APHA-SA. If you are interested in the grant writing process or if you are interested in acting as a liaison between the APHSA-SA development committee and your academic institution, the Development Committee welcomes you.

Please contact the Development Committee Co-Chairs Haroun Habib and Ryan Estaris at development@aphastudents.org

Thanks to the current members Carrie Huisingh, Carlos Martinez, and Leonie Rosenstiel for all your work.
It is a personal and professional privilege to be selected as a presenter at the 134th American Public Health Association’s (APHA) Annual Meeting and Exposition. My interest in health and wellness issues started in a high school careers class when a registered dietitian made a classroom presentation about the importance of making healthy lifestyle choices. My passion for health and wellness continued through my undergraduate program and eventually brought me to the University of Cincinnati’s Health Promotion and Education Masters Program. With childhood obesity being a national issue of concern, I was excited to be able to conduct research, which I hope will make an impact in a rural Kentucky county in regards to this serious health issue. After conducting my parent/child focus groups this past spring, I am even more excited about sharing my childhood obesity intervention program with others. Being a student presenter at a nationally recognized conference provides me with the opportunity to network with other professionals who share my passion for health and wellness issues. Attending the APHA Meeting and Exposition also provides me an opportunity for self-improvement as I am looking forward to attending other presentations so I might explore ways to improve future presentations plus be able to expand my professional knowledge. I understand the importance of my presentation as it relates to my future career aspirations. It provides me an opportunity to share and collaborate with other like-minded professionals. One of my goals is to have my obesity intervention program and results published in the American Journal of Public Health. Being a Masters level student, I understand the importance of maintaining professional affiliations and participating in nationally recognized conferences. To be able to attend the 134th APHA Annual Meeting and Exposition is a privilege but being able to present will be a professional and personal highlight for me. I regard this opportunity as a beginning in what I hope will be a long career in public health issues.

- Megan Canavera

When addressing the issue of the importance of presenting at APHA, the response is twofold. To begin, the topic of my poster presentation, sexually transmitted infection (STI) education and prevention, is of great importance for the public health of the country, particularly to upcoming generations of adolescents and young adults of which I am a part of. More information regarding STIs needs to be disseminated considering that the top 3 nationally notifiable infectious diseases are STIs, they are most prevalent in youth, and they are easily preventable. The APHA Annual Meeting and Exposition is a very viable route for reaching large numbers of people who have the potential to impact current sexual education policy in schools, with the intent to provide comprehensive STI education and prevention techniques. For change to occur, those who have the potential to influence the future course of action must first know and then understand the current problem and its sources. The current poster presentation gives sound evidence to support the need for change regarding sexual education and the effects that the lack of comprehensive sexual education has already caused. This presentation then goes the extra step and provides information regarding the actual components needed for comprehensive sexual education for US youth. Therefore, it is of great importance that the content of this poster presentation be heard to spread the word about STI education and prevention.

To be honest, the second reason regarding the importance of presenting is personal. This conference is the pinnacle for educating oneself on current research, interventions, and essentially the impact health professionals are having on populations across the country. As a Master of Science candidate in social and behavioral health science, attending such a conference with these public health professionals who are making incredible differences in the public health arena would be an opportunity of a lifetime. Getting to meet and discuss ideas with these individuals will hopefully spark future working relationships so innovative approaches to improving health will continue to transpire. It is of great value to both veterans in this field and those aspiring to become public health professionals that they work hand in hand. Both have much to gain from each others’ experience, be it from years of working in the field or fresh ideas from the classroom. In consideration of these points, having been selected to present at this conference as a student is an incredible honor.

- Jessi Westling
Both as a public health student and as a working professional, I have been aware of the American Public Health Association and the work associated with the association. Therefore, it was with excitement that I submitted an abstract to this year's annual meeting and honor to have been chosen to present my work. Presenting my work at this year's annual conference is important for two main reasons: feedback and networking. Through the presentation of my work at this year's conference, I will have the opportunity to receive critical feedback from researchers, public health practitioners, and policy makers with regards to the applicability and real-world relevance of the research that I am presenting. This presentation is also occurring at a critical point during my PhD program where I can incorporate feedback and suggestions thereby allowing for the improvement of my dissertation project and its applicability to public health practitioners. Secondly, it will provide me with the opportunity to connect with people in the field, including researchers, working professionals, practitioners, and other students interested in the area of re-emerging infectious diseases. This networking opportunity will also allow for new acquaintances that may become important contacts for future endeavors. Furthermore, by attending the conference I will be able to attend sessions outside of the breadth of my research, thereby, gaining exposure to new ideas and potential collaborations with individuals not directly linked to my field of research. I am excited at the opportunity to be able to present at such a highly regarded conference, to receive feedback, and to engage in dialogue with other individuals interested in public health from North America and Internationally.

- Negar Elmieh

As a second year MPH student, I am pleased and honored to be selected as a presenter at the 134th APHA Annual Meeting and Exposition. The idea for my research study on meditation among working mothers came from my own interest in the struggles working mothers face in a society in which women strive to meet both the demands of their family and their professional interests. Working mothers’ strain to balance all of their responsibilities can significantly increase their stress levels, greatly affecting their overall quality of life. I believe that one’s level of health should be evaluated and enhanced beyond one’s disease status, general physical health condition, or health risks. As public health professionals, we should focus more research and practice on the quality of life of the individual, group or community. I truly believe that one’s quality of life encompasses all aspects of the whole person, physically, emotionally, intellectually, socially, spiritually, and occupationally. It is critical for the public health field to embrace and employ a holistic-centered approach in order to make the largest impact on the quality of life of all people.

One of my contributions to a holistic approach within the public health field is through a research interest on the effect of mind/body interactions on one’s quality of life. I explored one aspect of mind/body interactions during one of my graduate classes in which I designed a mindfulness meditation intervention for working mothers. The purpose of the intervention was to reduce working mothers’ stress levels through the behavior of meditation. In order to design the most effective intervention, I needed to understand the determinants of working mothers’ meditation behavior. Thus, the rapid elicitation study I am conducting with working mothers will help me find the most salient psychosocial determinants to address during the intervention.

- Julia Eminger
Come learn more about what the Student Assembly can do for you!!

Located at Booth 1332 (within the Schools of Public Health) in the Boston Convention & Exhibition Center Expo Hall

* Learn how to become part of our many committees!
* Speak with leaders of APHA-SA!
* Take a seat, relax, and chat with fellow members at the furnished Student Connection at our booth!

Explore the services available to members of APHA-SA!

Take the opportunity to be a part of our 2nd Annual Charity Raffle!

The Student Assembly will be sponsoring a large raffle item with all funds raised being donated to charity! You can help!

Stop by our booth and buy your raffle ticket for only $2!

All proceeds will go to Oxfam America www.oxfamamerica.org
APHA-SA Website Highlights

To most of us, the World Wide Web (WWW) serves as the most useful general-purpose communication tool. Effective web pages include efficient design and relevant content, and to that end, the APHA-SA website (http://www.aphastudents.org) has recently undergone significant changes to serve the APHA-SA body and leadership better. Here I highlight some of the most significant changes and key sub-pages, and highlight planned future changes to the website. Whether you are a first-time or regular visitor to our website, these two pages provide valuable information regarding key website components and improvements to come.
Main Menu Navigation:
• **Home:** Return to the home page
• **Committees:** Sub-menu containing links to each of the 11 committees and 3 subcommittees
• **Become a Member:** Learn how to become a member of APHA-SA
• **Programs:** Learn about the different programs in which you can participate as a member of APHA-SA
• **Meetings:** Learn about the annual APHA and APHA-SA Meetings and how you can get involved as an attendee and/or presenter
• **Newsletter:** Read past and present issues of News and Views, APHA-SA's bi-annual newsletter
• **Forum:** Read and participate in APHA-SA's online discussion board, which requires registration
• **Awards:** Learn about awards that APHA-SA gives out annually
• **Get Involved:** Learn how you can get more involved in APHA-SA, whether as a student/community leader or in a supporting role
• **Resources:** Links to public health resources that are especially applicable to members of APHA-SA
• **Contact Us:** Meet and email the board members directly

Other Key Sub-pages:
• **Campus Liaisons:** Find out more information about your campus liaison or how to become .
  http://aphastudents.org/campus_liaisons.php
• **Public Health Student Opportunities (PHSO):** Check out the latest student opportunities for public health careers, conferences, fellowships, internships, awards, scholarships, and grants.
  http://www.aphastudents.org/opportunities.php
• **National Mentoring Program (NMP):** Pairs up students (mentees) with public health professionals (mentors) from APHA.  http://aphastudents.org/nmp.php
• **Chair’s Welcome:** Read more information about this year’s initiatives from our current chair.
  http://aphastudents.org/chairs_welcome.php
• **History:** Learn about the history of APHA-SA.  http://aphastudents.org/history.php

Planned Future Improvements:
• More sub-menus for faster site navigation
• More thorough and conspicuous recognition of APHA-SA sponsors
• An alumni database, which will allow APHA-SA members to keep up with alumni members and to see the scope of public health career paths

As with any website, the APHA-SA site is dynamic and constantly under construction. I welcome your comments, suggestions, and feedback at website@aphastudents.org. For committee-specific requests, I also encourage you to contact the appropriate committee chair at http://www.aphastudents.org/contact.php.

David Huang, Website Chair
APHA-SA 2006 Nominations Committee

Abha Aggarwal
Amanda Cash
Donald Hurtz
Anthony Guerrero-Soto
Angie Lee

Teri Malo
Ellen Schleicher
Michele Shade
Guarav Wahi

Your hard work in reviewing applications for Student Assembly board positions is appreciated. Thank you for your dedication to APHA-SA!

Lianne Estefan, Chair
lfuino@health.usf.edu

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APHA-SA Liaisons to APHA Sections

Are you interested in becoming more involved in your APHA section?

Then apply to be a section liaison!

Section liaisons play an important role within APHA-SA by helping to:

- Advocate for the development and promotion of student involvement, recognition, and leadership in their Section
- Promote their section within APHA-SA
- Assist other Section Liaisons in advocating for student opportunities within APHA sections.

Sections are the basic organizational unit of the APHA’s membership. The 25 discipline-based Sections enable members to share knowledge and experience with their peers, develop new techniques and contribute to the growing body of scientific knowledge within those respective fields.

For a complete description of Section Liaison duties and an application to join, visit www.aphastudents.org/section_liaisons.php or e-mail advancement@aphastudents.org
APHA-SA Opportunities Committee Can Help You:

* Find your next job or internship with our weekly Opportunities emails

* Network through the APHA-SA Alumni Database

* Access dissertation and grant funding, upcoming conferences, and scholarships and awards!

For more information or to join our committee,

log on to

www.aphastudents.org/opportunities

Or

Email opportunities@aphastudents.org

ATTENTION STUDENTS!!

The newsletter committee is looking for articles to include in our Winter 2007 issue of “News and Views”, the Student Assembly newsletter. This is a great opportunity for you to share your experiences, your work, and even your point of view on different issues.

Articles can be related but not limited to:

• Public Health Experiences (such as your practice experience or an internship)

• Descriptions of public health and research projects

• New school programs, resources and opportunities for students

• Commentaries about a health topic

• Public Health career advice

If your article has citations (such as in a research project), please include a brief list of the references with the article. This will allow other students interested in the topic to look for more information. Please limit your articles to no more than 2 single-spaced pages with 12 point font (references included).

Deadline for article submission to be included in the Winter 2007 issue is December 22nd.

Send your articles and any questions to newsletter@aphastudents.org

Happy Writing!
Career Advice from Elizabeth Howze, ScD, CHES

Workforce & Career Development, Coordinating Center for Environmental Health & Injury Prevention, CDC

What Qualities and Experiences are Employers Looking for in Job Candidates?
- Sense of purpose and ability to present oneself well.
- Practical work experience
- Good training with niche expertise
- Flexible and good sense of humor
- A strong background
- Able to work well on teams and with others
- Quantitative and qualitative skills
- Creativity and problem-solving ability

What Activities are Best for Students to Network and Identify Employment Opportunities?
- Volunteer
- Work with faculty
- Be open to creating a career for yourself
- Join professional associations
- Go to every meeting and conference you can
- Get on committees
- Set up meetings with individuals to learn about their job responsibilities
- Make sure people know you are looking and ask for help
- Make sure your network grows, not shrinks!

Specifically, for Public Health Educators:

What Do I and Other Public Health Educators Do Now?
- Teach and do research in academic settings
- Manage national, state and local government public health programs
- Work for foundations and non-profits
- Conduct research and implement programs in community, clinical care, workplace, and school settings

What Do the Current and Future Job Markets in PHE Look Like?
- Risk communication
- International health promotion (infectious, health systems, lifestyle, injury, and chronic diseases)
- Program management
- Social marketing
- Injury prevention
- Environmental health
- Infectious diseases like bird flu, HIV/AIDS
- Genetics and genetic counseling
- Organ transplantation

If you have a particular area of interest and any geographic flexibility at all, you would do well to research promising markets for their skills and interests. While there are many factors affecting where people choose to live besides job opportunities, there are some communities (and states) in which public health jobs are quite limited other than in local health departments and small non-profit affiliates. In other words, I do think the current and future markets are promising, but I don’t see public health and health education as the kinds of careers in which people can get a job virtually anywhere (like nurses or accountants). Strategic job searches can be very successful!

One final word, it’s important to keep in mind that some organizations are better than others for enabling their staffs to be able to make a difference. Funding, bureaucratic rules, and red tape can really hamper talented, energetic people so look for those organizations that will enable you to grow professionally and make meaningful contributions.
APHA President-Elect Candidate Interview

What do you see as the role of the Student Assembly in APHA, and how would you ensure that APHA addresses student concerns?
I think that the Student Assembly serves several important roles in APHA:

- It serves as a place where students can network with their peers and identify common concerns and issues that need to be brought forward to both APHA, and to the field of public health as a whole.
- It provides opportunities for students to serve in leadership roles early in their public health careers.
- It involves students in APHA in a meaningful way, and encourages them to be an integral part of the organization.

I think that the role of the student representative on the Executive Board is valuable, and the involvement of the student representative in EB committees and workgroups is important, both from the perspective of the EB and the student. Student representatives have been very articulate in bringing concerns of the SA to the Exec Board. I think that this can be enhanced through more student involvement in the Sections, SPIGs and Caucuses, as well as the Affiliates, as it is essential that all parts of the organization contribute to the growth of students, and the development of their leadership capabilities. I would encourage the Intersectional Council (ISC) and Committee on Affiliates (CoA) to work with their members to increase student involvement in their respective groups, and to include student representation in their leadership. Several Sections have been very active with respect to student involvement and they do a number of things to encourage students to participate in Section activities. This is done through involvement in Section level committees, abstract reviews, student presentations at meetings, student awards and meeting scholarships. My Section, the ICEHS Section, has been active with student recruitment and involvement for quite a number of years, and I have participated in this activity through review of student papers for presentation and working with other members of the Section leadership to identify ways in which we could involve students. I think we can encourage other organizational units to increase their involvement with students, as we all have a great deal to learn from one another.

In addition, I think we should work with the Deans of the schools of public health and the Program Directors to have them encourage student involvement in APHA and to provide students with the opportunity to attend the annual meeting as well as Affiliate meetings.

Other ways of ensuring that we address student concerns are to work to make sure that we are listening to students on all levels, and involving them in activities and decision-making.

As a member of the Executive Board for the last four years, and Chair of the Board for the last two, I have had the opportunity to work with several student leaders and have been impressed by their commitment, their leadership, and their contributions to the work of the Executive Board.

What are your suggestions and/or comments for students regarding their involvement and outreach?
More outreach needs to occur at schools of public health and public health programs. Perhaps there is a way that student affiliate groups can be formed so that students are encouraged to join APHA and their Affiliate, and participate in activities on the local level as well as the national level. I think that early involvement in APHA can be very beneficial to students, and we have not done enough exploration of local involvement. As we move to do more work with the Affiliates, we can work with them to engage students in their local activities. As President, I would take this on as a critical component of meeting with Affiliates and other groups, and would welcome recommendations from students as to how they might become more involved on a state level.

How will you approach APHA recruitment and retention, and encourage public health students and professionals to remain in the field?
By encouraging and supporting student involvement in activities and mentoring/learning opportunities at an early stage, we can increase student engagement in APHA, which can lead to a long-term commitment to the organization. In order for students to remain in the field, we, as an organization, need to advocate for funding for public health education, for public health jobs, and for public health infrastructure. We need to work to encourage students to enter the field by educating them early on about the range opportunities available in public health and serve as mentors for students. We need to let students hear our stories about why we work in public health, and how we moved into various roles within the field. We need to set an example for students – as advocates for the public, the health of the community, and our commitment to a healthy world.

The Executive Board has been very active in looking at ways to improve the functions of APHA. We have created mechanisms that allow us to address emerging issues through the creation of time-limited workgroups of the Exec Board. We have worked to improve communication from the Exec Board to the membership, and while we are not always as efficient as we might be, we have come a long way in improving the communication process. This has been done with the collaboration and cooperation of many members and organizational units of APHA, as well as APHA staff. The campaign for public health that has been planned over the past 2 years will be a critical component of these efforts. Other efforts that are being made to improve APHA and make it more responsive are TFAIR, the work of the ISC and CoA, and the work that we have done with the Caucuses. The grant that we recently received to build infrastructure at the state level may aid in increasing student involvement. This year, we have begun to look at how we can do a better job of aligning policy priorities and efforts throughout APHA so that we can have a greater impact at national, state and local levels. A series of recommendations will be brought to the Executive Board for addressing this. Overall, I think we need to continuously review our progress and identify where we are doing well, and where we need to improve so that we can become stronger and more effective.

Linda C. Degutis, DrPH
Chair, ICEHS
Director, Yale Center for Public Health Preparedness
Yale University
What do you see as the role of the Student Assembly in APHA, and how would you ensure that APHA addresses student concerns?

Students are our future public health workers and are essential for the continued sustainability of the public health workforce and of APHA. As our workforce ages, public health organizations in most states are beginning to see increases in retirement among seasoned public health workers. Public health students are preparing to take their places. The new cadre will need the professional networking opportunities and professional support that can only happen through active involvement with their professional association, APHA. Therefore, it’s critical to engage students during the earliest part of their career in APHA activities.

APHA encourages student involvement in Association activities. The organization has maintained policies for reduced memberships and registration fees at the annual meeting for students. I think that these fee and dues reductions encourage student involvement in their professional association.

The APHA Executive Board currently includes a member of the Student Assembly as a way of collecting and integrating student opinions into APHA policy and administrative decisions. I had the pleasure of being a mentor for Chris Day when he was the Student Assembly’s representative to the Board. I believe that he was an excellent advocate for the needs of students, and the Board listened to his contributions. The Assembly should continue to send articulate students to the Executive Board.

The APHA Annual Meeting is an opportunity for students to find opportunities for professional networking and employment. The APHA job fair and events specifically targeted to the needs of students are a regular feature of the meeting. These vehicles allow the concerns of students to be voiced and encourage the participation of students in APHA activities. These should all be continued. However, there could be additional vehicles for concerns of student to be heard by the Governing Council. Currently, there is no specific report from the Student Assembly to the Governing Council. Such a report could be part of their regular packet. This would help ensure that student issues are brought to the attention of APHA leadership.

What are your suggestions and/or comments for students regarding their involvement and outreach?

I would encourage students to become involved in their state public health associations. Public health issues are typically far more relevant and immediate at the state level and student would be afforded a greater role in statewide policy and affiliate decision-making that in the national forums. Involvement with the state affiliate also provides and opportunity for networking that may be more intense and varied than a similar opportunity at APHA. Most affiliates would welcome the involvement of students in local activities initiatives and administrative functions.

How will you approach APHA recruitment and retention, and encourage public health students and professionals to remain in the field?

Involvement in public health is a rewarding but exhausting career. Most frontline public health workers address issues of major social concern all day every day. They need to be rewarded for this important work. Typically, their reward does not come from the high salaries of their colleagues of other areas of the healthcare industry. Therefore we must publicly acknowledge and celebrate their good work and be generous with our show of appreciation.

I am impressed with the Student Assembly website and see it as strong evidence that the Assembly is providing an essential service to its constituents. The list of student-focused activities is extensive. Sessions on policy, job seeking, student presentations and sessions and professional networking opportunities are well described. The section of the newsletter in navigating APHA is an important reading for all attendees.

The APHA awards process is such an endeavor. It celebrates the accomplishments of our peers. These awards are made at sections, affiliate and plenary sessions at the APHA annual meeting. In addition, most state affiliates have awards which recognize contributions of their fellow public health workers. These should also be encouraged.

Brian M. Saylor, PhD, MPH
Director of the Institute of Circumpolar Health Studies, University of Alaska Anchorage

Do you want an edge from the other student attendees and make yourself standout?

Take personal business cards to pass out to the people you meet while networking, attending sessions, and visiting booths.

Don’t have business cards?

There are many companies that offer free cards - visit VistaPrint for samples of the free designs they offer, you just pay the shipping and handling.
APHA-SA encourages you to take the opportunity to learn more about us and provide input about our programs and initiatives by attending our business meetings. Active membership involvement is what drives our organization. We look forward to meeting you and hearing your new ideas to enhance your organization!

APHA Student Assembly Business Meeting I
BM I (#257.0) has been incorporated into the Orientation session.

APHA Student Assembly BM I & Orientation
Session #3189.0: APHA Member and SA Orientation
Organized jointly by APHA and the Student Assembly
Monday, November 6, 2006
12:30-2:00 pm
BCEC 160B

APHA Student Assembly Business Meeting II
Session #420.0: Strategic Planning - Where Are We Going?
Presided by: Darren Mays
Tuesday, November 7, 2006
6:30-8:00 pm
BCEC 207
Rumor Has It…

A certain agency is planning a networking Meet-n-Greet for APHA attendees interested in a career with them.

Make sure to check out their booth on Sunday to see when and where it is.

And watch your emails for any updates!

American Public Health Association Student Assembly

2nd Annual APHA-SA Student Meeting

Translating Research into Practice
November 4, 2006
10:00am-5:00pm
Boston Convention and Exposition Center

Join us for the 2nd Annual APHA-SA Student Meeting: Translating Research into Practice. Presentations will be given by experts in the field as well as student presenters. This meeting is FREE for students and includes lunch. This is a great opportunity to learn from the experts and meet students from around the country!

Many thanks to the following speakers who are donating their time to present at the student meeting:
Dr. Shirki Kumanyika
Dr. David Holtgrave
Dr. Lynne Wilcox
Dr. Gina Wingood
Dr. Stephen Marks
Dr. Clair Brindis

Interested in helping organize next year’s student meeting? Email: studentmeeting@aphastudents.org
Public health advocates can learn how to make a greater impact on policy, the media, or state-level health decisions by participating in a day of advocacy sessions at the upcoming APHA Annual Meeting.

APHA is sponsoring sessions related to public health advocacy that will be open to all attendees of APHA’s 134th Annual Meeting. The sessions, all of which will be held on Monday, Nov. 6, will give examples of successful health advocacy and provide tips that public health supporters can use in their advocacy work, according to APHA Government Relations Associate Kate Sweeney.

“If we want sound public health policy and legislation that improves the health of our communities, we must make our voices heard,” Sweeney said. “These sessions will demonstrate the way to make such advocacy efforts a success.”

Annual Meeting participants will learn how to successfully work with the media to spread their public health messages during APHA’s annual “Media Advocacy Session,” which is always a popular draw. The session (#3091), which will be held at 10:30 a.m. Monday, will feature real-life reporters and media professionals from newspapers, television, radio, and other media outlets who will share advice on pitching health stories to the press. Panelists will include Stephen Smith, a health reporter with the Boston Globe.

Effective advocacy techniques that public health supporters can use in their home communities and states will be the focus of session #3288, “Mobilizing a Campaign Around a Public Health Issue,” at 2:30 p.m. Monday. Public health supporters from Vermont will highlight their successful advocacy work that led to the creation of a state-funded insurance program for Vermont’s uninsured.

In addition to the advocacy sessions, APHA will be sponsoring a number of other presentations that will be of interest to APHA members. At 8:30 a.m. Monday, meeting participants can learn what it takes to create a sound policy for APHA. The session, #3008, “How to Write a Good Policy,” will be led by members of APHA’s Joint Policy Committee, which reviews APHA policy proposals. Once adopted, APHA policies serve as the Association’s official stance on a public health issue and guide its advocacy and outreach work.

Meeting participants who wonder what impact the November national elections will have on public health will be able to hear what experts think of the issue at session #5031, “Impact of the Midterm Elections.” The session, which will be held at 8:30 a.m. on Wednesday, Nov. 8, the day after Election Day, will feature discussions with political analysts on what the outcome of the elections might mean for public health policy and funding.


Save the Date!

American Public Health Association
135th Annual Meeting & Exposition

“Politics, Policy, and Public Health”

Washington, DC

November 3-7, 2007

Abstract submission will open in December.

Watch your emails for announcements.
You’re invited to an

Election Cocktail Night Party

Cast your vote for public health and then come watch the election night returns with your fellow public health advocates!

Featuring...

- Cash bar with election-night-themed drinks
- TV’s to watch election night results and analysis
- Election charts and info
- APHA voting records
- Information about APHA advocacy
- ...and much more!

Hyatt Regency Boston
WHERE: Lobby Bar & Lounge
One Avenue De Lafayette
(A short walk from the Downtown Crossing T stop)

WHEN:
Tuesday, November, 7th
7:00 pm-11:00 pm
Stop by after the day’s events or on your way back from the APHA Celebration

Cosponsored by the Action Board & the Student Assembly
ATTENTION GRADUATES!!!

On behalf of the American Public Health Association Student Assembly Board,

Congratulations!

For some of you, this winter marks the end of another year in school. You are now one step closer to your degree! For others, it marks the end of your time as a student. Your graduation marks a momentous occasion in your career, and we are excited about your entry into the public health workforce. You can finally take everything you’ve been learning and put it into place for the greater good. We are honored to have served you during your time as a student member of the APHA and proud of you for what you have accomplished.

We’re not ready to see you go just yet though. APHA’s membership categories are designed to grow right along with you, and now that you are entering the workforce you are eligible for APHA’s new Transitional Member membership category. This is an exciting time for you, and at APHA, where increasing focus has been dedicated to helping students make as smooth a transition into employment as possible. APHA’s transitional membership is designed to do just that, and is friendly on your wallet. As a Transitional Member you get all of the wonderful benefits of full, regular membership, but at a 40% discount. For only $95.00 (instead of $160.00) a year you get all regular member benefits, including print subscription to The Nation’s Health and the American Journal of Public Health, including online access to both. And don’t forget about access to APHA’s great website, access to the Public Health CareerMart, APHA’s advocacy tools, and a discounted rate for the Annual Meeting. Your Transitional Membership comes with a lot of added value!

This great benefit is designed with you in mind, so don’t forget to renew your membership, and check off the Transitional Member box when completing your renewal form this year. You can find additional membership information and renew your registration online at http://www.apha.org. If you have any questions feel free to email us at membership@aphastudents.org.

Again, congratulations!

Dana K. Bowie & Jason Joaquin Almonte
Membership Committee
American Public Health Association Student Assembly
membership@aphastudents.org
http://www.apha.org
APHA Student Assembly

Social

Join us for free food, fun, and great company!

Where: The Union Oyster House
on the Freedom Trail
One Block from Faneuil Hall

When: Monday, Nov. 6th, 2006
8:00pm-11:00pm

Sponsored By:
APHA Student Assembly

Free Admission!

Please contact Mariza Luna for additional information. 505-280-5669 or mirlun5@gmail.com

Location:
MBTA Directions: (Two Options)
1) Take the Blue or Green Line to Government Center. Walk down the stairs along side of City Hall and cross Congress Street. The Oyster House is located across the street, you will see the large sign on the building, and note that this is across from the New England Holocaust Memorial.
2) Or, take the Orange or Green Line to Haymarket, walk left on Congress Street, left on Hanover Street, and right onto Union Street.

CASH BAR!

Please visit our expo booth (#1332) for more detailed directions from your location.
Boston has something for everyone. History, entertainment, nightlife, architecture, culture, science and art. And all within a few square very walkable miles. In fact, Boston is called America’s Walking City.

You’ll wish you could spend several days here, but unless you are staying after the meeting, you might only few a few hours to see Boston. On this page, we’ve provided you with information on what to do when you arrive.

The Top Free Activities in Boston

**Freedom Trail**
15 State St, Boston, MA
Free guided tours of one of the nation’s great historic walks are held on weekdays.

**Wally’s Cafe**
427 Massachusetts Ave, Boston, MA
Local jazz institution offers free live music nightly in upbeat, cramped environs.

**Museum of Fine Arts, Boston**
465 Huntington Ave, Boston, MA
On Wednesdays after 4pm, admission is free (voluntary contributions are welcomed).

**Massachusetts State House**
24 Beacon St Ste 195, Boston, MA
Free guided tours last 30-45 minutes and are offered weekdays between 10am and 4pm.

**Boston Public Library**
700 Boylston St, Boston, MA
The country’s oldest major city library offers free art and architecture tours daily, except for Wednesdays.

Other Great Eats Include:

**El Pelon Taqueria**
92 Peterborough St, Boston, MA
Some of the city’s best, most authentic tacos and burritos are wildly popular with budget-conscious students.

**Chacarero**
426 Washington St, Boston, MA
Unobtrusive Chilean food stand scores with addictive sandwiches and unbeatable prices.

**Pour House Bar and Grill**
909 Boylston St, Boston, MA
One of the Back Bay’s rowdiest bars also serves as a relaxed spot for an affordable bite.

**Silvertone Bar & Grill**
69 Bromfield St, Boston, MA
Cool cocktails and classic comfort food define this laid-back subterranean lounge.

**The Paramount**
44 Charles Street, Boston, MA
Welcoming Charles St. restaurant has been serving fluffy French toast and savory steak tips since 1937.

**Faneuil Hall Marketplace -- Taste of Quincy Market**
5 South Market Building, Boston, MA
On the first Wednesday of each month Faneuil Hall hosts "A Taste of Quincy Market". From 5pm to 7pm merchants in the Quincy Market food colonnade offer free samples of their specialties.

Getting Around Boston
Depending on the distance and time, you may not want to walk. Boston also has a great public transportation system (T) for your use.

**Buses**
The Convention Center area is served by #4 (daytime only - North Station), 7 (South Station), SL1 (to & from Logan Airport)
The Back Bay / Copley Place area is served by #39 (Forest Hills), 55 (Boston Common)

**Subway**
The Convention Center area is served by (T) stops South Station on Red and Silver line (<1 mile away), World Trade Center on Silver line (.5 mile away).
The Back Bay / Copley Place area is served by (T) stops Prudential & Copley on Green line, which can connect to the Red line (Park St), Blue line (Government Center), Orange line (Haymarket & North Station), and Silver line (Boylston).

**Commuter Rails**
Originated at the South & North Station and connect Boston to nearby cities, including Salem.
Highlight: Salem, MA

In this charming coastal city you will experience more than 300 years of New England history, art, architecture, and culture. Salem is rich with beautiful public spaces, museums and galleries, historic sites and attractions, and of course, great shopping and dining.

From Boston it is quite easy and quick to get to Salem. The best route is by Commuter Rail. From the (T) stop North Station (accessible from the Green & Orange lines), exit the station and make your way to the Fleet Center (might be across the street, depending on which line you exit from). Once in the Fleet Center, purchase a ticket ($3.25 one way) from a ticket window for the train “Newburyport” or “Rockport”. Watch the television screens for the track number and the departure time. Salem is the 4th stop on the line, with only a half hour ride.

From the Salem train stop, go up the stairs and head up Washington St. A short walk from the station is Essex St. Pedestrian Mall, with many quaint shops and a few witch-themed attractions, as well as the Peabody Essex Museum. From there, you can visit the Old Burying Point to view the headstones of some of the infamous participants of the Salem Witch Trials, including my family the Gedneys. Also nearby and within walking distance is the Salem Witch Museum (to the NNE) and the Witch Dungeon Museum (to the WNW). A little bit of a longer walk up Derby St is the House of Seven Gables. If you make it that way, you have to visit the best fudge shop around, Ye Olde Pepper Candy Company (across the street from the HOSG).

10 Free Things To Do In Salem

The National Park Service Regional Visitor Center shows the film Where Past in Present.

At the NPS Visitor Center, brochures are available for the African American History Trail, the Nathaniel Bowditch Tour, and the McIntire Historic District Walking Trail (great if you like architecture). Each walking trail takes about one hour and will show you hidden points of historical interest.

Take the time to wander down beautiful Chestnut Street and read all the plaques to learn about the people who built and lived in the exquisite Federalist mansions.

Visit the Ropes Mansion Gardens at 318 Essex St. The gardens are open to the public and throughout the growing season they offer a splendid sampling of local horticulture.

Originally used as a grazing area for Salem residents’ livestock, today Salem Common is a favorite spot for jogging, reading, concerts, and wedding ceremonies.

Take the half-mile walk out Derby Wharf to Derby Light and enjoy a beautiful view of Salem from the center of the harbor.

Discover Salem Willows, a short drive (or long walk) from downtown. The Willows offers a waterside park, beaches, and a pier that is great for fishing and crabbing.

Pause to reflect on the Salem Witch Trials of 1692 at the Witch Trial Memorial. This symbolic, award-winning memorial sits behind the Old Burying Point Cemetery.

At the Old Burying Point Cemetery you will see the graves, of among others, a Witch Trials judge and a Mayflower passenger in this historic resting-place.

Many of these sites, along with Salem’s excellent museums and attractions, are linked together by a red line painted on the sidewalk. This is the Heritage Trail, and we hope it helps you as you wind your way through history and discover just how bewitching the seaport of Salem really is!

If you are able to make the trip from Boston, you won’t regret it. There is so much to see and do in Salem, that you will love it and want to come back.

Don’t forget to stop by Lappin Park (across from the Essex St. Pedestrian Mall) to see the newly erected bronze statue of Elizabeth Montgomery as Samantha Stevens of the television series Bewitched.
Alan and Lucy Hinman

Robert Cutting, MD & the APHA Emeritus Members

&

Pat Mail, APHA President

for their generous contributions to the
APHA-SA Student Scholarship

and

Boston University School of Public Health

Global Health Initiative at Boston University

Harvard School of Public Health

&

DRDA CPA of Galveston, TX

for their generous contributions to the
Programming Committee of APHA-SA

We couldn’t do without you!

Thank you!
Student Assembly Board Members

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Darren Mays
Chair-Elect

George Karageorgiou
Immediate Past Chair

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Opportunities Committee Co-Chair

Kristy Siegel
Programming Committee Co-Chair

Mariza Luna
Programming Committee Co-Chair

Tamar Klaiman
Student Meeting Committee

David Huang
Website Subcommittee
The members of the Programming Subcommittee truly represent the dedication that Student Assembly members have. Members of this committee are asked to do a variety of tasks in addition to their already busy lives. They willingly use their talents and free time to assist the Programming Committee meet their goals and objectives. The events taking place at the 134th Annual American Public Health Association Meeting in Boston would not have been possible without the help from the Programming Sub-Committee Members. Thank you to each and every one of you for everything you have given to this committee and for contributing to the increasing success of the APHA Student Assembly.

Kristy A. Siegel & Mariza Luna

APHA-SA is a student-led international organization within the American Public Health Association (APHA) representing students of public health and other related disciplines. We are dedicated to enhancing students' professional development by providing resources, fostering diversity and promoting opportunities.

According to APHA-SA's Strategic Plan, APHA-SA supports the development of the next generation of public health professionals by:

- Increasing student representation in APHA
- Developing and disseminating educational and professional development resources
- Creating and promoting opportunities for student involvement within APHA-SA, APHA, and other health-related organizations
- Providing and sustaining vehicles for communication
- Advocating for student issues and public and health-related policy
- Facilitating networking among students and professionals

If you are interested in becoming a part of the Programming Committee, please send an email to: programming@aphastudents.org

2006 Programming Committee Members

Monet Silva-Caldwell
Brandon Eggleston
Katie Evans
M. Anwaru Huq Mian
Supriya Reddy
Claudia Rosu

We're on the Web! www.aphastudents.org

If you are interested in becoming a part of the Programming Committee, please send an email to: programming@aphastudents.org

Please direct any comments or questions concerning this meeting supplement to: Programming@aphastudents.org