

2004 APHA Annual Meeting Supplement



**Created by members of PHSC,
...for members of PHSC**



PUBLIC HEALTH AND THE ENVIRONMENT

APHA 132nd Annual Meeting & Exposition
November 6-10, 2004 • Washington, DC

Special points of interest:

- Check out the messages from the Past President and President Elect of PHSC!
- Need to know where to eat, places to visit?? Check out pgs 22-23.
- Learn more about the National Mentoring Program on pg 24.
- Confused about PHSC's Restructuring Proposal? Check out pgs. 20-21.
- Want to learn more about what the APHA Presidential candidates are saying? Check out pgs. 8-9.
- Find the tips you need to network and succeed on pg. 14.

PHSC- What Have We Done?

It has been an amazing year for PHSC. In reflecting on the past eleven months, I am amazed by the leadership and commitment of PHSC's Executive Board, Committee Chairs and Committee members. They ensure that PHSC programs and initiatives are truly supporting students in public health and health-related professions. To list them all would be a difficult task, but I would like to highlight some of their accomplishments.

In April PHSC's Action Committee developed the first-ever student guide to National Public Health Week (NPHW). APHA, in addition to PHSC, made the guide available on their website for students trying to identify how to be involved with NPHW. Hundreds of students across the country participated in NPHW, many of whom were featured in the June/July 2004 issue of *The Nation's Health*. This fall the Action Committee began publishing a monthly advocacy newsletter. This newsletter, posted on our website each month, contains information about public health policy issues and how to be a better public health advocate.

The Newsletter Sub-Committee of PHSC has published three full-issues and a meeting supplement of our quarterly newsletter, *News & Views*. Each issue has featured PHSC activities, articles submitted by PHSC members, and public health issues in the news. The spring issue focused in on the 2004 U.S. Presidential elections and party primaries, highlighting each candidate's platform on public health and health care. The summer issue included great articles on professional development and public health advocacy. The fall issue contained information on PHSC campus programs such as the Campus Liaison Program and an article on the accreditation process for programs, schools and colleges of public health. This supplement is dedicated to all things APHA Annual Meeting.

PHSC's Advancement Committee continues to create new and exciting programs. The newest is the pilot PHSC/APHA Student Chapter at the University of Iowa College of Public Health established in December 2003. PHSC's Section Liaison Program continues to work with APHA Sections to create a student representative and liaison in each Section. The PHSC Campus Liaison Program is growing by leaps and bounds. To date there are more than 50 liaisons at schools and colleges across the country representing both undergraduate and graduate students in public health and other health-related professions.

The Development Committee of PHSC successfully created PHSC's Development Policy and Guidelines for Support and Donations. This policy will guide current and future leaders in PHSC in accepting and soliciting funds for its programs and initiatives. The Development Committee is currently working with other PHSC Board members to identify sources of funding to improve and create programs and initiatives for PHSC members.

PHSC's Diversity Committee has been very busy since it was created last November at the APHA Annual Meeting in San Francisco. Earlier this year the Diversity Committee collected information from PHSC members to guide its efforts in promoting diversity in public health. The Diversity Committee released a full report on the results of its survey of the membership in the summer issue of *News & Views* and was featured in the September 2004 issue of *The Nation's Health*, APHA's monthly newspaper.

This summer the Membership Committee of PHSC was invited to work with the APHA Membership Department to draft a proposal to APHA leadership to create a transitional membership category. If adopted by the APHA Governing Council this November, student members of APHA will be eligible for a discounted one-year 'transitional' membership after graduation. The Membership Committee has continued their collaboration with the APHA Membership Department and is providing input on APHA's 3-Year Membership Plan and improving APHA student membership.

The Mentoring Committee has faced some interesting challenges this year and has responded to them well. Due to the dramatic increase in participation by PHSC members, the National Mentoring Program is expanding and exploring new ways to match mentees with mentors. This program is a key member benefit, and PHSC is committed to its success.

The Public Health Student Opportunities (PHSO) Committee extensively renovated the PHSO website to include more public health employers and more resources for finding a job in public health. The PHSO listserv remains active, providing information about job and internship openings as well as opportunities for publication, presentation and advocacy. The Opportunities Committee has also begun developing a network of past PHSC leadership that will prove to be a vital resource for current and future leaders of PHSC.

PHSC's Programming Committee and Abstract Sub-Committee have worked non-stop this year to create four significant oral sessions and two excellent student poster sessions for the APHA Annual Meeting this November in Washington, D.C. For the first time in several years PHSC is sponsoring a student oral session for students in public health and health-related disciplines to present their work. This year's student session is aligned with the meeting theme, "Public Health and the Environment." The meeting this year will prove to be one of the best ever for PHSC.

This fall the Nominations Committee of PHSC put together a superior slate of candidates for the 2004-2005 PHSC Officer Elections. Each candidate would be a valuable addition to PHSC's leadership and continue the success of his/her predecessors with his/her diligence and commitment to PHSC.

As you can see, PHSC members are well-represented with a team of leaders committed to bringing quality programs and resources to its members. Thank you for allowing me to represent you this past year as president of the Public Health Student Caucus. This has been a phenomenal year during which I have gained a wealth of experience and, more importantly, new friends and colleagues. I have had the privilege of working with some of the brightest and most talented student leaders in the country, and I look forward to continuing to serve PHSC and APHA in the years to come.

Toni Rhodes Leeth, MPH
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Public Health Student Caucus
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PHSC- Where Are We Going?

An Introduction

The Public Health Student Caucus is entering another year, and this year will prove to be one of the most monumental since the Caucus' inception in 1996. After serving as an Advancement Committee co-chair for the last year, I have had the joy of learning about the ins and outs of some of our great programs. My work was tailored around the development of the Campus Liaison Program, the PHSC/APHA Chapter Pilot Program, and other initiatives in representing public health. When elected into the position of President-Elect, I was thrilled with the opportunity to lead PHSC, and I look forward to serving you in the coming year. My predecessors have had major successes in building a strong foundation for PHSC and have been catalysts in the current restructuring proposal; I plan on helping to carry that proposal into fruition.

Restructuring

PHSC is moving forward to better support our membership. APHA is currently reviewing a plan which will make PHSC a separate entity. Upon approval of this plan, we will require a name change, new offices and committees, and a lot of work for our organization. However, the positive ramifications of becoming a student entity will benefit our membership greatly. With the advent of an APHA designated budget, PHSC will have greater funding to help finance our many programs and initiatives. Our restructuring will also allow us to strengthen our ties with APHA, giving us the ability to have student leadership on more APHA councils and committees. With all of these changes affecting the caucus, we ask you to bear with us as we make our changes. The Public Health Student Caucus will, however, continue to provide you with the same member benefits throughout our transition state. If you are interested in helping us through our evolution, please keep in mind that we are always looking for dedicated leadership to serve on our committees and fill empty chair positions.

Things to Come

Throughout the next year, PHSC will be implementing several exciting new projects and initiatives. This November will mark the first year anniversary of the PHSC/APHA Chapter Pilot Program at the University of Iowa College of Public Health. Due to the great success of this project, the Advancement Committee will be working to formalize the PHSC/ APHA chapter structure and create a toolkit to carry the chapter program to other campuses around the nation.

The Mentoring Committee is working with APHA to reformat the application process for the National Mentoring Program. PHSC has recognized that an online application process will better facilitate the volume of students and mentors who apply. The new system will boast features which will match mentors with student's interests and will allow PHSC to track and evaluate the success of the student-mentor match. This new web application will be available to PHSCS members later in the year.

Another project, which PHSC will be working on, is the creation of an award that will recognize outstanding PHSC members who have contributed to the field of public health. Although the logistics of the award are yet to be determined, I am excited to think our colleagues will be getting the recognition they deserve for their academic accomplishments.

These new projects exemplify the continued development and expansion of PHSC to the public and to those who matter most—our members. Member participation is integral to our success; the Public Health Student Caucus always welcome new ideas and our members' opinions, so feel free to contact any one of us on the Board.

George Karageorgiou
President-Elect
Public Health Student Caucus
American Public Health Association



The APHA Awards Ceremony:

The Association Honors Former PHSC President Chris Day

One of the events taking place this year at the general meeting that is certainly a “not-to-miss” is the APHA Public Health Awards ceremony and reception. This is an opportunity not only to congratulate those who have excelled in the field of public health, but also to meet influential and accomplished men and women in the field of public health who will certainly be in attendance. The awards ceremony offers public health students the opportunity to socialize with some of the most influential members of the public health arena, while lending support and congratulations to those receiving the APHA’s most prestigious awards.

These awards include the Milton & Ruth Roemer Prize for Creative Local Public Health Work, the Presidential Citation (recognizing extraordinary contributions by individuals not professionally engaged in public health to the advancement of public health), the Sedgwick Memorial Medal, the APHA Award for Excellence, The David P. Rall Award for Advocacy in Public Health, The Martha May Eliot Award, the Jay S. Drotman Memorial Award, the APHA Executive Director Citation, the Distinguished Public Health Legislator of the Year and the APHA-GloxoSmithKline Paternship for Health Children Award. A description of all of the awards can be found on the APHA website.

This year, of special note, is the recipient of the Jay S. Drotman award, Mr. Chris Day. The Jay S. Drotman award is presented to an influential health care worker under the age of 30 who has successfully and positively challenged traditional policy to improve public health. Chris Day, the immediate past president of the Public Health Student Caucus, has proven himself as a visionary in the field of public health.

Mr. Chris Day currently works as an Associate for Public Health Systems Improvement at the Public Health Foundation in Washington, DC. Through managing the council on linkages between academia and public health practices, he has become a national expert on competences and teaches their use around the world. In addition to his work at the Public Health Foundation, Mr. Day is the chair and founder of the Student Health Alliance composed of 13 national student organizations representing more than 200,000 student members. In his effort to promote public health education, Mr. Day helped to develop a nationwide learning management system known as the “Trainer Finder Realtime Affiliated Integrated Network” that is available online at www.train.org. This network links roughly 24 states, providing information concerning learning opportunities for public health professionals. In addition to these efforts, Mr. Day has served on the Healthy People 2010 Curriculum Task Force and the National Primary Care Week Advisory Committee. He is also the founder and former president of the Kentucky Student Public Health Association. Serving on the executive board of the APHA as the youngest member in the association’s history, Mr. Day worked on the APHA Task Force on Association Improvement and Reorganization.

The awards ceremony recognizing the exceptional accomplishments of Chris Day and other notable public health professionals will take place November 7 at the Washington Convention Center. The event will begin at 6:30 with hors d’oeuvres and beverages to be followed by the ceremony. Please check the APHA website for details on the conference schedule.

PROTECT PEOPLE. SAVE LIVES. FUND PUBLIC HEALTH!

Walk the Hill for Public Health!

November 9, 2004



On November 9, thousands of public health professionals and students attending APHA's 132nd Annual Meeting will be rallying on Capitol Hill to let Congress know, **it's time to make public health funding a national priority!**

Increasingly, the health of all Americans is at risk. Without additional resources for a continuum of medical research, prevention, treatment and training programs, our nation's public health system will not be able to respond adequately to existing and emerging threats. **Unfortunately, some of our nation's leaders continue to not recognize the importance of fully funding the nations' public health system that protects Americans and saves lives everyday.**

November 9 carries enormous promise for making the priorities of APHA known to Congress, while displaying the solidarity and commitment of the public health community.

APHA's public health hill day will start with a rally at Upper Senate Park on Capitol Hill at 8:30 am. After the rally, public health professionals will walk the halls of Capitol Hill with their state delegations distributing our message to legislators and their staff.

To make this hill day a success we need your participation! Register to participate in the rally and/or hill day at <http://www.apha.org/legislative/walkhill/signup/>. Please register today! A solid representation is absolutely necessary to help convince Congress on the importance of public health.

APHA is also looking for volunteers to help us during the event from 8:00am-11:00am. If you are interested in volunteering for the rally please e-mail Deidra Smith at healthnews2@apha.org.

November is a critical time to advance our key issues to national policymakers. Both mandatory and discretionary public health budgets for the upcoming year face grossly inadequate allocations. Currently, appropriations for the CDC, HRSA, and other federal agencies stand to be either flat-funded or cut, despite the urgent need to greatly expand resources for disease prevention, wellness promotion, and safety preparedness in communities nationwide. Reduced expenditures on these essential programs both deprive and undermine the public health community's ability to improve the health outcomes of the American public.

Rallying and walking the halls of Capitol Hill on November 9 provides an excellent opportunity for APHA to address these shortcomings in both chambers of Congress. Because many senators and representatives are not fully aware of the implications of insufficient public health spending, much can be gained from using our experience and expertise to directly educate them and their staff. Our actions have the potential to both influence this year's legislation, and send a clear, strong public health message to the incumbent and newly elected members of the 109th Congress.

Your voice and presence on November 9 are crucial to the visibility and effectiveness of this campaign.

For more information on the rally visit the Walk the Hill for Public Health web page at <http://www.apha.org/legislative/walkhill/index.htm> or contact Lakitia Mayo, Director of Grassroots Advocacy, by e-mail at lakitia.mayo@apha.org or by telephone at (202) 777-2515.

Together, we can ensure a powerful public health presence in our nation's capital on November 9!

APHA Transitional Memberships Coming Soon!

This past summer the Public Health Student Caucus (PHSC) leadership worked with the American Public Health Association (APHA) Membership Department and other administration personnel on the details of an exciting new opportunity for student members. The opportunity is an initiative of the APHA Membership Department, with direction by the APHA Governing Council, to retain students who are deciding not to renew their APHA membership after graduation. In addition to holding onto membership dollars, part of the motivation behind supporting this new membership category is the graying of the APHA membership. The average APHA member age is currently 52 years old, and student members regularly “age-out” when their student discount disappears and they are burdened with new low-paying jobs, student loans, and the difficult task of informing contacts of new places of residence.

A survey conducted by APHA intern Sedy Achavasmit of 19 national organizations with similar missions to APHA showed that over 60% of them had a transitional membership category in the year or two after a student graduated. Therefore, in order to support and encourage their student members, a proposal to create a post graduation transitional membership category will be submitted to the APHA Governing Council this November at the APHA Annual Meeting for consideration. If it is passed by the Governing Council, this new membership category would be instituted sometime during the first or second quarter of 2005. The new membership category will be available to APHA members for one year following a standard student membership and is a great way to transition students into their professional careers with APHA. As always, with the transitional membership new professionals are still eligible and encouraged to join PHSC in order to support the student body through mentoring and other involvements. Other benefits of the potential transitional membership category is that it would include a print version of the *American Journal of Public Health*, would be available twice during one’s membership with APHA (if pursuing additional degrees, for instance), and would be available for the modest fee of \$95, a reduction of \$65 off the regular membership price.

The PHSC leadership thinks the new transitional membership is an excellent opportunity to increase the value of your APHA/PHSC membership and hopes that all of you will take advantage of it when the time comes!

Want to turn your Poster and/or Presentation into a Paper?

Learn the steps to publication at the APHA session jointly sponsored by the Editorial Board and the Editorial Team of the *American Journal of Public Health*.

“From Poster and/or Presentation to Paper: How Do We Get There?”

Monday, November 8

10:30-12:00

Session# 3097

This joint session of the *Journal’s* Editorial Board and Editorial Team will feature experienced editors and authors with diverse expertise who have skills and advice to offer for publishing in a variety of formats. Emphasis will be placed on turning posters and presentations into *Research and Practice* articles and briefs. In addition, the *Journal’s* public health history editors will encourage participants to submit papers for their innovative and accessible historical departments, including *Voices from the Past*, *Images of Health*, and *Public Health Then and Now*.

Session objectives include:

- Learn or rethink ways of developing fine posters and presentations into research and practice papers;
- Develop an appreciation of the importance of wider dissemination of poster and presentation findings through peer reviewed journals; and
- Explore the notion of writing papers for diverse departments, disciplines and Journals, by using public health history as an example.

2004 Annual Meeting Schedule for PHSC

Come see us at the PHSC Public Health Expo:

BOOTH 136 in the Exhibit Hall!

Also, visit the Student Connection at BOOTH 137

Please check the final program for locations.

| Session # | Date | Times | Title |
|-----------|--------------------|----------------------|---|
| 273.0 | Sunday 11/7 | 4:00 PM- 5:30 PM | PHSC Business Meeting I |
| 3081.0 | Monday 11/8 | 8:30 AM- 10:00 AM | PHSC Poster Session I |
| 3082.0 | Monday 11/8 | 8:30 AM- 10:00 AM | PHSC Poster Session II |
| 3232.0 | Monday 11/8 | 12:30 PM- 2:00 PM | PHSC Welcome and Orientation |
| | Monday 11/8 | 8:00 PM- 11:00 PM | PHSC Student Social at DA's RFD |
| | Tuesday 11/9 | 8:30 AM- 10:00 AM | APHA "Walk the Hill for Public Health" |
| 4169.0 | Tuesday 11/9 | 12:30 PM- 2:00 PM | Launching Your Career in Public Health |
| 4240.0 | Tuesday 11/9 | 2:30 PM- 4:00 PM | Exploring Careers in International Health |
| 5078.0 | Wednesday 11/10 | 8:30 AM- 10:00 AM | PHSC Student Session (Oral): Public Health and the Environment |
| 526.0 | Wednesday 11/10 | 6:30 PM- 8:00 PM | PHSC Business Meeting II |

What Are the Candidates Saying?

PHSC sent questions to the candidates for the APHA presidency to find out their thoughts and views on issues that affect PHSC members.

Check out what they have said!

APHA President-Elect Candidate - Patricia D. Mail, MPH, PhD, CHES

1. What do you see as the role of PHSC in APHA, and how would you ensure that APHA addresses student concerns?

Students are the lifeblood and next generation of APHA members. They bring new perspectives, vision, commitment and dedication to APHA. The Caucus Chairs to the Executive Board have made substantive contributions to the Board and challenged APHA to define a role and place for student members as full members and not just Caucus members. The Executive Board will propose to the Governing Council in November 2004 that reduced dues be available to new professionals in their first year following school. This should help with the transition to full dues membership. Also, when APHA improves its financial picture, it is hoped that dues can be reduced and the journal provided without additional cost. The PHSC should be a special entity within the APHA because of the tremendous potential for student contributions to APHA. As President, I would hope to help this reorganization.

2. What would you do to increase student educational and professional development opportunities such as student publications in the *American Journal of Public Health*?

There are currently opportunities for students to publish in several professional groups. Certainly a proposal can be forwarded to the Editor about guidelines for and consideration of student contributions to the *AJPH*. The inclusion of the PHSC Chair on the Executive Board provides for professional development. And APHA, in developing its annual meeting program, might consider a plenary on student issues at the annual meetings. Graduate students can also submit proposals for the Continuing Education Institutes that occur before each annual meeting, this tailoring continuing education opportunities to student needs. By having students become active members of their sections, there are multiple opportunities to develop "career" paths within the APHA as well as identify mentors and friends. The President of APHA can work with PHSC or its evolved identity to discuss and plan for increased student participation.

3. Some student members experience a lag time of months between when they complete their paperwork for renewal and when they are renewed in the system, regardless of whether they completed their renewal online or by mail. How would you modify the current membership renewal method to ensure that everyone's membership remains active without interruption?

I was unaware that renewals experienced a lag. The Executive Board can request staff to explore this and request changes so that it doesn't occur. It is likely that the delay occurs for those individuals who join at the annual meeting. APHA staff, particularly Barbara Reck, should be advised about the problems so solutions can be developed. Thank you for raising this issue.

4. How would you encourage mentoring and other activities that bring students and professional members together, and what is your level of experience with student interaction?

The most effective way to identify mentors is to become active in a Section and to be assertive about being included. The mentoring system developed by the PHSC is excellent, but does not match enough interested candidates. Section affiliation is probably the best way to identify leaders in your field, or to find mentors in fields you wish to move into. My experience with students in the last few years has come through Executive Board contacts with PHSC leaders, getting acquainted with student volunteers in my Section, and by meeting students through association socials and site visits to universities. I joined APHA as a student because senior leadership took the time to talk with me and encourage my participation. I am still here 38 years later.

5. How will you approach APHA recruitment and retention, and encourage public health students and professionals to remain in the field?

Recruitment needs to occur in two critical arenas: colleges/universities and from the state affiliates. Retention will occur when APHA is seen as a value-added association that benefits members and is affordable. To reduce member dues, it will be necessary to seek outside contributions or sponsorships from foundations and corporations. The association can no longer support itself on the backs of its members. APHA must seek and acquire funding that will allow it to reduce dues and expand services.

I believe the greatest recruitment of professionals and keeping young professionals in the field is through mentoring and support for young professionals. While the face of public health has changed, and demands on the public health infrastructure and staff have increased, it is still the bedrock first line of defense in prevention of disease and disability for this nation and peoples throughout the world. Believing that your work makes a difference is critical. Public health is not just a job, but a commitment and calling. I am proud to be a public health professional, and even prouder to be asked to run for President of the one association that truly represents the breadth and scope of public health research and practice.

APHA President-Elect Candidate –Colleen C. Hughes, RN, PhD

Thank you for this opportunity to address you, the future leaders of APHA and our future public health workforce. Your questions reflect your concerns and I will try to respond in a thoughtful and honest manner.

1. What do you see as the role of PHSC in APHA, and how would you ensure that APHA addresses student concerns?

I am pleased that a student is on the APHA Executive Board. I feel that this is a unique opportunity for your caucus membership and leadership to have insight into the governance of APHA as well as sharing your “point of view”. Only a few Sections and Affiliate members have this opportunity when they are voted in as Executive Board members. You have a serious mandate to reach out to **all** public health students and student groups to hear what they have to say and to be their “voice” at APHA for discussion and debate.... that is an awesome responsibility! The APHA leadership listens to the student “voice” through you; student concerns will be addressed through your advocacy.

2. What would you do to increase student educational and professional development opportunities such as student publications in the *American Journal of Public Health*?

I would support a student section in the AJPH as well as other Section professional journals such as Public Health Nursing Journal. I see this as a way to promote student’s research as well as advocacy opinions, etc. I also see a role for student input when the CEPH accreditation team visits your School or MPH program. This is a time when you need to be visionary and work to make sure your MPH program not only meets the needs of the students but becomes the best MPH program in the universe! Perhaps your caucus could put together criteria for internship experiences that would motivate students to seek public health positions upon graduation. You might consider putting together a “White paper” delineating the qualifications for a good health department mentor or advisor and the types of experiences that would be helpful for you. You might consider sponsoring or co-sponsoring an APHA session showcasing good internship experiences and good mentorship role models..... This action would highlight your interest and demonstrate what you deem as vital to retaining you in the field of public health.

3. Some student members experience a lag time of months between when they complete their paperwork for renewal and when they are renewed in the system, regardless of whether they completed their renewal online or by mail. How would you modify the current membership renewal method to ensure that everyone’s membership remains active without interruption?

This is very difficult; I personally have been subject to a late renewal and therefore not getting information flowing through in a timely manner even though I was volunteering on several important committees. I’d personally like to see a set renewal date for everyone, in the fall (September or October) just prior to the Annual Meeting. The staggered renewal dates are hard to remember and somehow the system is not capturing the renewal paperwork and online renewals very quickly. The new computer staff member may be able to work with the membership department to revamp the membership renewal process. There are reminder letters that are sent, but frankly, they get lost on my desk. I probably would pay more attention to an e-mail alert. I will strive to make sure that APHA staff has the most up-to-date and current software available to help speed things up whenever that is fiscally possible. While I’d like to help avoid gaps in membership service, we all should be encouraged to renew our memberships as soon as we receive our first renewal notice...that means me as well as you.

4. How would you encourage mentoring and other activities that bring students and professional members together, and what is your level of experience with student interaction?

I was a student once myself (well, several years ago) and was very active as a state student representative to my professional organization. I honestly think this experience helped me professionally and motivated me to seek volunteer work in my own professional organizations. I recently mentored a Loyola University, Helene Fuld Fellow graduate student and thoroughly enjoyed the experience. We were in Chicago together and at a National Tobacco Prevention Conference where I was privileged to introduce her to several of the past Surgeon Generals at one of the receptions. As the student caucus leadership, I would write a compelling letter to each Section and Affiliate as well as Boards of Health, including a few testimonials from former mentored students about how helpful the experience was and request mentors from the Sections/Affiliates. I would obtain funding to sponsor a “Thank you” reception (even off campus if necessary) for Section/Affiliate mentors and honor their commitment to students. You are our future and we need to be grooming (mentoring) you to replace us, and invite you to stand beside us to put the “public” back into public health.

5. How will you approach APHA recruitment and retention, and encourage public health students and professionals to remain in the field?

Actually, I have given this question much thought. I think that you as a caucus should request that APHA or the COL (CDC, Public Health Foundation) complete a thorough research study to ask recent graduates some of the following questions:

Why did you choose an MPH degree? What did you intend to do with the degree granted you? What was your internship experience like? Good, bad, indifferent? describe. How many hours was your internship? Did your internship motivate you to continue your career in public health? If not, why not? What would you have changed in your internship experience (or MPH program) to inspire you to work in the public health field? What was the title of your culminating activity? Do you work in the public health field now? If not, why not? Did you have an APHA mentor? Was this mentor someone who worked in your future field of endeavor? Was this a good experience? Explain. How would you improve on the experience? Then, I would see that the results were published so that Public Health Department officials, Boards of Health and Academic Department staff would modify their approaches if necessary. The goal is truly to capture and retain the idealism, enthusiasm and expertise of the newly graduated student.

Navigating APHA: “Top 5” Ways to Get the Most out of the Annual Meeting

5. **Involve yourself in a Section, SPIG, or Caucus.** Sections, Special Primary Interest Groups (SPIGs), and Caucuses are the basic organizational unit of APHA's membership. Visit www.apha.org/sections/ to find a list and description of all these available sub-divisions within APHA. Joining one of these groups enables members to share knowledge and experience with their peers, develop new techniques and contribute to the growing body of scientific knowledge within those respective fields. Getting involved in the leadership of your Section, SPIG, or Caucus is a great way to get more out of your APHA membership. Look up your group's business meeting in the annual program and make it a point to attend. You can switch your affiliation at any time to find the Section, SPIG, or Caucus that is right for you.

4. **Leave the convention center.** The annual meeting has so much to offer that it may seem there are not enough hours in the day to take it all in. After sitting through dimly lit session after session however, there is no need to fight the urge to keep your eyes open. It's ok to give your brain a break! Don't forget that there is a whole city out there to explore... Have some fun! For sightseeing suggestions see the “Not to miss places to visit and eat” section of the supplement.

3. **Network, network, network.** Want to get a jump on that summer internship? Thinking about applying to a PhD program? The annual meeting is *the* place to be for networking in public health and related health disciplines. Take advantage of the diversity and extensive experience that convention participants bring with them. Interact, ask questions, attend social events, and start collecting those business cards. You never know when a contact will come in handy along your future career path. Bring copies of your resume to share with potential employers at the Public Health CareerMart (<http://www.apha.org/meetings/careermart.htm>). During the annual meeting, Public Health CareerMart will be incorporated as part of Everything APHA, in the center of the Public Health Expo. On site, the Public Health CareerMart offers job seekers and employers the opportunity to meet face-to-face to interview about prospective jobs. Review the CareerMart online beforehand to find out which employers you might want to approach once you get to the meeting.

2. **Plan ahead.** Although the HUGE program book may seem intimidating at first, it is your best guide to navigating the APHA meeting. Take it with you throughout the conference and spend time each night reading about the sessions for the next day. The book is typically organized by date and time and can be cross-referenced in the back by Section, SPIG, or Caucus. Session numbers correspond with the day (100-series events are held on Saturday, 200- on Sunday, 300- on Monday, etc...) and room locations can be found on the map in the program. For those who like to plan even further in advance, APHA offers an online personal scheduler. Once you are registered for the conference, you can view the program online and select specific sessions and presentations to create a personal itinerary. The itinerary can be accessed from any computer with an internet connection and can also be downloaded to your PDA. You can change, update and add to your itinerary at any time. For more information, please visit <http://apha.confex.com/apha/132am/scheduler/>.

1. **Attend the PHSC new member orientation.** To find out more information on getting the most out of the annual meeting, or just to meet a friend to spend the day with, come to the “PHSC Student Welcome and Orientation” session (#3232.0: Monday, November 8th, 12:30-2:00 PM). Here you will have a chance to meet and network with other public health students across the country, as well as find out what PHSC can offer you as a student of public health. You may also want to attend the “APHA Member Orientation to the Annual Meeting” (#249.0: Sunday, November 7th, 3:30-5:00 PM) to get an early “how to” for all new APHA members.

**Good Luck –
See you in November!!**

PHSC's leadership encourages you to take the opportunity to learn more about PHSC and provide input about its programs and initiatives by attending PHSC's business meetings. Active membership involvement is what drives our organization. We look forward to seeing you in D.C.!

**Public Health Student Caucus (PHSC)
Session 273: Business Meeting I
Sunday, November 7, 2004
4:00 – 5:30 p.m.**

Introductions
Executive Board Annual Report
Committee and Sub-Committee Annual Reports
New Business

**Public Health Student Caucus (PHSC)
Session 526: Business Meeting II
Wednesday, November 10, 2004
6:30 – 8:00 p.m.**

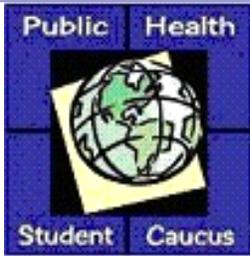
Strategic Plan and Goals 2004-2005

PHSC Restructuring
How Can PHSC Work More Efficiently?
New Venues for Expansion
Setting the Pace for Next Year

The Public Health Student Caucus Presents the.....

Date: 11/08/04 (MONDAY)

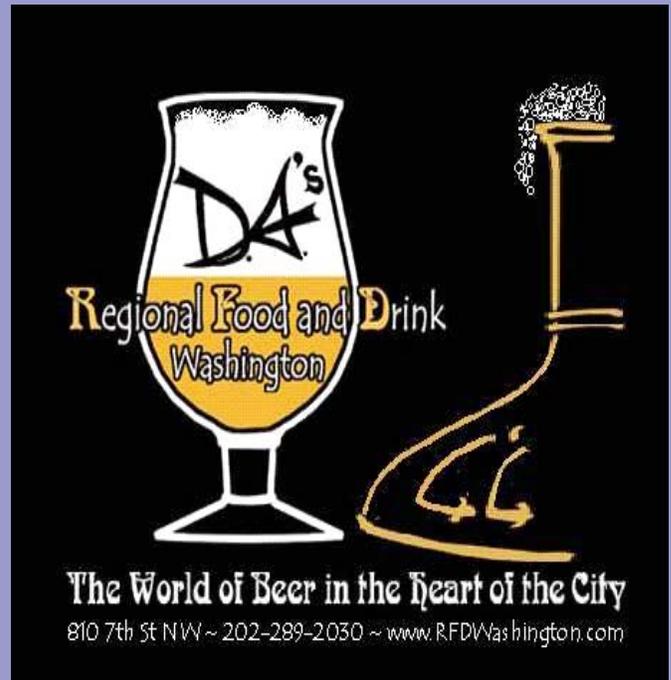
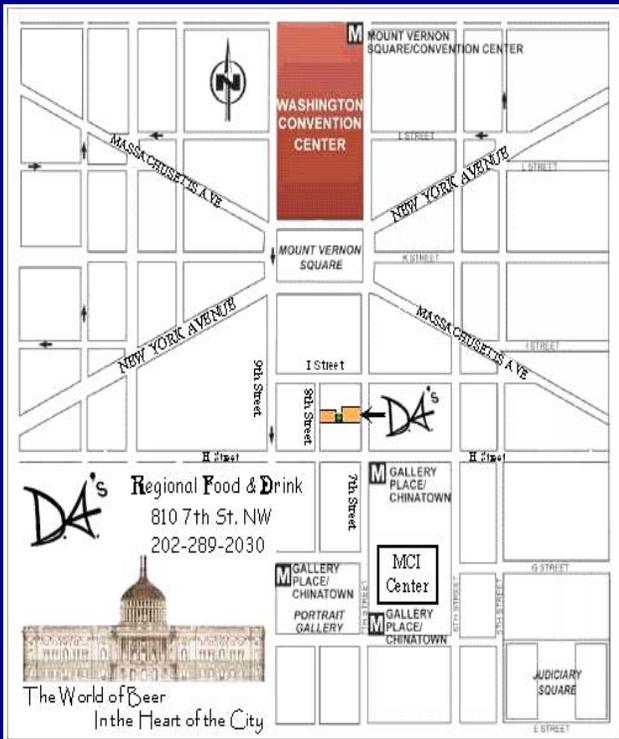
Time: 8:00—11:00 PM



PHSC

Social Event

Cash Bar



Complimentary
Appetizers!

Student and Young Professionals: Poster and Oral Sessions

*Sessions in bold are sponsored by the Public Health Student Caucus (PHSC)

| Session # | Date | Times | Title |
|---------------|-------------------------|--------------------------|--|
| 226.1 | Sunday 11/7 | 2:00 PM-3:30 PM | BHCW (Black Caucus of Health Workers) / the Network - Students and Young Professionals |
| 3012.0 | Monday, 11/8 | 8:30 AM-10:00 AM | Intersection between Public Health and Social Justice in the AAPI community: Increasing Student Activism and Advocacy |
| 3024.0 | Monday, 11/8 | 8:30 AM-10:00 AM | Environment Section Student Poster Showcase |
| 3081.0 | Monday, 11/8 | 8:30 AM-10:00 AM | PHSC Poster Session I |
| 3082.0 | Monday, 11/8 | 8:30 AM-10:30 AM | PHSC Poster Session II |
| 3159.5 | Monday, 11/8 | 12:30 PM - 1:45 PM | Committee on Affiliates Student Poster Session II |
| 3159.4 | Monday, 11/8 | 12:30 PM -2:00 PM | Committee on Affiliates Student Poster Session I |
| 3165.0 | Monday, 11/8 | 12:30 PM -2:00 PM | The Black Young Professionals' Public Health Network - How Young Professionals Can Contribute to the Elimination of Racial and Ethnic Health Disparities |
| 3225.0 | Monday, 11/8 | 12:30 PM -2:00 PM | Public Health Education and Health Promotion Section Student Poster Contest Winners |
| 3361.0 | Monday, 11/8 | 4:30 PM - 6:00 PM | Public Health Nursing Section Student Posters |
| 4001.0 | Tuesday, 11/9 | 8:30 AM -10:00 AM | Delta Omega Honorary Society: Student Excellence Part I |
| 4054.0 | Tuesday, 11/9 | 8:30 AM -10:00 AM | Third Annual Outstanding Student Papers in Maternal and Child Health |
| 4091.0 | Tuesday, 11/9 | 12:30 PM -2:00 PM | Delta Omega Honorary Society: Student Excellence Part II |
| 4156.0 | Tuesday, 11/9 | 12:30 PM -2:00 PM | Medical Care Section Student Paper Award Session |
| 4169.0 | Tuesday, 11/9 | 12:30 PM -2:00 PM | Launching Your Career in Public Health |
| 4173.0 | Tuesday, 11/9 | 12:30 PM-2:00 PM | Student Justice & Public Health: Student Posters |
| 4238.0 | Tuesday, 11/9 | 2:30 PM-4:00 PM | New Investigators Symposium |
| 4240.0 | Tuesday, 11/9 | 2:30 PM-4:00 PM | Exploring Careers in International Health |
| 4291.0 | Tuesday, 11/9 | 4:30 PM-6:00 PM | Student Papers in Child Health and Family Health |
| 4292.0 | Tuesday, 11/9 | 4:30 PM-6:00 PM | Student Papers on Birth Outcomes for Infants and Women |
| 5023.0 | Wednesday, 11/10 | 8:30 AM-10:00 AM | Student Research in Disabilities |
| 5078.0 | Wednesday, 11/10 | 8:30 AM-10:00 AM | PHSC Student Session (Oral): Public Health and the Environment |
| 5127.1 | Wednesday, 11/10 | 12:30 PM-2:00 PM | NIMH Workshop on Research and Career Development Funding Opportunities |

International Networking in Washington, D.C

Titilayo Oladosu-Okoror
International Health Workgroup Chair
tao122@psu.edu

With the success and interest shown at the last networking event in San Francisco, we will be holding a similar one in Washington, D.C. this year. Sunday, November 7 from 4-5:30PM, will be another networking opportunity for our Section members with those from the International Health Section. This forum will provide members of both groups with an opportunity to discuss such issues as: ARV treatment included in the universal package of care; challenges faced by professionals in fieldwork (e.g., adherence to ARV treatment in developed countries and the implications and issues involved in providing access to treatment in developing countries); practices that are most effective in the field; and areas in which more effort and improvement are needed, both nationally and internationally (e.g., addressing stigma in HIV/AIDS care). It is believed that there is a lot we can learn, as some whom attended last year's event can attest to. There is much we can do together in abating the HIV/AIDS epidemic both here and abroad.

Therefore, it is hoped that this forum will serve as an avenue of exploring the possibility of both Sections developing and working on a joint project together. All members of both sections are invited and encouraged to attend!

Five Networking Tips

- Extend a firm handshake!
- Introduce Yourself – Start with your name, talk briefly about what you do and what brings you to the venue (no more than 20 seconds).
- Engage in small talk for only a couple of minutes – you don't want to stay for too long in one place. Don't know what to say? Start by asking questions about the work of the person, what brings them to the particular event, and their familiarity with the subject. You can also address other basic topics such as interests/hobbies, local attractions, noteworthy news topics, etc.
- Maintain eye contact. Use non-verbal gestures such as nodding your head to show that you are listening and that you are interested.
- Follow up – write a thank you note or send an email to your new contacts!

Not To Miss Sessions at this year's Annual Meeting! !

Welcome & Orientation: The Public Health Student Caucus is an organization in official relations with APHA, run for students by students, dedicated to supporting the development of the next generation of public health professionals and leaders. This is our opportunity to provide you with more information about who we are and what we can offer you as a student of public health. You will also have a chance to meet and network with other public health students across the world, as well as meet prominent public health figures that support the work of students.

Exploring Careers in International Health: Are you interested in a career in international health? This session will feature three prominent speakers who will talk about their experiences in international health and demystify international health career paths. Discussions will be held regarding the various avenues in which to pursue a career in international health.

Launching Your Career in Public Health: This session is especially for students and presents an excellent opportunity to explore the field of public health and find ways to enhance your academic training. Presentations and discussions with four diverse speakers will provide insight on various career paths within public health and the numerous "off the beaten path" career opportunities available.

PHSC Student Session (Oral): Public Health and the Environment: Come and support your fellow students as they present their research on the physical, biological, and sociological intersection of the environment and public health issues. Participants will have the opportunity to hear five exciting presentations from student across the nation that expands the traditional definition of environmental health.

PHSC Poster Session I & II: These two poster sessions represent the rare occasion of interacting with national and international students regarding their research. This also creates a great opportunity to meet, network, and plan collaborations with emerging investigators in the field of public health. Don't sleep in and miss this opportunity!

Check the next two pages for more details!!

Bold sessions are sponsored by PHSC

**Sessions co-sponsored by PHSC

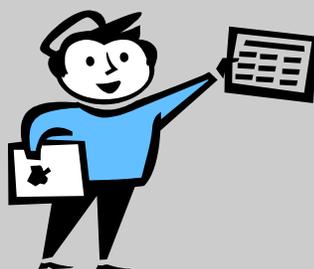
| Session # | Date | Times | Location | Title |
|---------------|---------------------|--------------------------|-------------------|--|
| 2500.00 | Sunday 11/7 | 12:00 PM- 2:00 PM | | Opening General Session |
| 226.1 | Sunday 11/7 | 2:00 PM-3:30 PM | | BHCW (Black Caucus of Health Workers) / the Network - Students and Young Professionals |
| 273.0 | Sunday, 11/7 | 4:00 PM-5:30 PM | WCC 153 | PHSC Business Meeting I |
| 287.0 | Sunday 11/7 | 4:30PM- 6:30PM | | Celebrating the 30 th Anniversary of the Asian and Pacific Islander Caucus |
| 281.0 | Sunday 11/7 | 5:30PM- 7:30PM | | New Connections Reception |
| 295.0 | Sunday 11/7 | 6:30PM-8:30PM | | LGBT Caucus Welcome Social |
| 3012.0 | Monday, 11/8 | 8:30 AM-10:00 AM | | Intersection between Public Health and Social Justice in the AAPI community: Increasing Student Activism and Advocacy** |
| 3024.0 | Monday, 11/8 | 8:30 AM-10:00 AM | | Environment Section Student Poster Showcase** |
| 3081.0 | Monday, 11/8 | 8:30 AM-10:00 AM | WCC Hall E | PHSC Poster Session I |
| 3082.0 | Monday, 11/8 | 8:30 AM-10: 30 AM | WCC Hall E | PHSC Poster Session II |
| 3159.5 | Monday, 11/8 | 12:30 PM-1:45 PM | | Committee on Affiliates Student Poster Session I |
| 3159.4 | Monday, 11/8 | 12:30 PM-2:00 PM | | Committee on Affiliates Student Poster Session II |
| 3165.0 | Monday, 11/8 | 12:30 PM-2:00 PM | | The Black Young Professionals' Public Health Network - How Young Professionals Can Contribute to the Elimination of Racial and Ethnic Health Disparities** |
| 3225.0 | Monday, 11/8 | 12:30 PM-2:00 PM | | Student Poster Contest Winners** |
| 3232.0 | Monday, 11/8 | 12:30 PM-2:00 PM | WCC 206 | PHSC Welcome and Orientation |
| 3361.0 | Monday, 11/8 | 4:30 PM- 6:00 PM | | Student Posters** |
| 343.0 | Monday, 11/8 | 6:30PM-8:00PM | | Community Health Planning and Policy Development-Social Hour |
| 356.0 | Monday, 11/8 | 6:30PM-8:00PM | | Population, Family Planning, and Health Social Hour |
| 357.0 | Monday, 11/8 | 6:30PM-8:00PM | | Public Health Education and Health Promotion Social Hour |
| | Monday 11/8 | 8:00PM-11:00PM | DA's RFD | PHSC Social |
| 4001.0 | Tuesday, 11/9 | 8:30 AM-10:00 AM | | Delta Omega Honorary Society: Student Excellence Part I** |
| 4034.0 | Tuesday, 11/9 | 8:30 AM-10:00 AM | | Built Environment Institute IV: School Environments – Not Just Little Offices (Oral)** |
| 4054.0 | Tuesday, 11/9 | 8:30 AM-10:00 AM | | The Third Annual Outstanding Student Papers in Maternal and Child Health** |

Not To Miss Sessions, Continued

| | | | | |
|---------------|-------------------------|-------------------------|-----------------|--|
| 4054.0 | Tuesday, 11/9 | 8:30 AM-10:00 AM | | The Third Annual Outstanding Student Papers in Maternal and Child Health** |
| 4043.0 | Tuesday, 11/9 | 8:30AM-10:00AM | | Cultural Competency/Diversity: Cultural Sensitivity in Primary Health Care |
| 4091.0 | Tuesday, 11/9 | 12:30 PM-2:00 PM | | Delta Omega Honorary Society: Student Excellence Part II** |
| 4156.0 | Tuesday, 11/9 | 12:30 PM-2:00 PM | | Medical Care Section Student Paper Award Session |
| 4169.0 | Tuesday, 11/9 | 12:30 PM-2:00 PM | WCC 156 | Launching Your Career in Public Health |
| 4173.0 | Tuesday, 11/9 | 12:30 PM-2:00 PM | | Student Justice & Public Health: Student Posters |
| 4238.0 | Tuesday, 11/9 | 2:30 PM-4:00 PM | | New Investigators Symposium** |
| 4240.0 | Tuesday, 11/9 | 2:30 PM-4:00 PM | WCC 204B | Exploring Careers in International Health |
| 4291.0 | Tuesday, 11/9 | 4:30 PM-6:00 PM | | Student Papers in Child Health and Family Health** |
| 4292.0 | Tuesday, 11/9 | 4:30 PM-6:00 PM | | Student Papers on Birth Outcomes for Infants and Women** |
| 455.0 | Tuesday, 11/9 | 7:30PM-10:00PM | | APHA Celebration |
| 5023.0 | Wednesday, 11/10 | 8:30 AM-10:00 AM | | Student Research in Disabilities |
| 5078.0 | Wednesday, 11/10 | 8:30 AM-10:00 AM | WCC 204C | PHSC Student Session (Oral): Public Health and the Environment |
| 5127.1 | Wednesday, 11/10 | 12:30 PM-2:00 PM | | NIMH Workshop on Research and Career Development Funding Opportunities** |
| 5196.0 | Wednesday | 4:30PM-6:00PM | | APHA Closing Session: Environmental Justice - Health for All |
| 526.0 | Wednesday, 11/10 | 6:30 PM-8:00 PM | WCC 208B | PHSC Business Meeting II |

Got An Interesting Story to Share???

Well Tell Us About It!!



The Newsletter Committee of the PHSC wants to hear from you!!!
Write 750 words or less detailing your education, current projects, and/or your personal experiences in the field of public health. You can email to
newsletter@phsc.org

ARE YOU NEW TO APHA?

WONDERING, "WHERE DO I GO NEXT?"

INTERESTED IN MEETING NEW FRIENDS AND
COLLEAGUES?

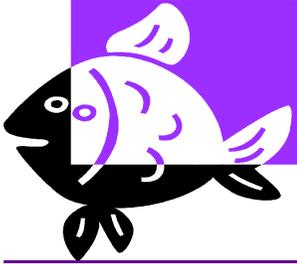
COME VISIT THE PUBLIC HEALTH STUDENT CAUCUS!!!

LOCATED AT **BOOTH 136** IN THE PUBLIC HEALTH
EXPO HALL



The Public Health Student Caucus (PHSC) is the nation's largest student-led organization, representing students of public health and other health-related disciplines. PHSC enhances students' educational experiences and professional development by providing information, resources, and opportunities through communication, advocacy, and networking.

Visit us online at www.phsc.org



Little Fish in a Big Pond:

One Student's Experience at the APHA Annual Conference

by: Jason Joaquin Almonte,
Membership Committee Co-Chair, PHSC
JD Candidate, Class of 2007,
University at Buffalo Law School

Public health students are a rare breed: we're passionate about our work, and we're problem solvers used to being put between a rock and a hard place. Sometimes it's the little challenges that make a difference. This was my experience attending the APHA's Annual Conference in 2002.

I'd been working in public health for a few years while working on my undergraduate degree on nights and weekends. I'd actually heard about the APHA while sitting in class one day, learning about the benefits of national organizations. My work was focused on chronic disease management, and my professor mentioned some great diabetes sessions at the APHA's Annual Conference in November 2002. I thought, "Hey! That's something I want to do!" My employer was willing to underwrite my membership fees so that I could attend the conference in November and there I was – a full-fledged APHA member. I hopped on the next Amtrak to the city of brotherly love and I was on my way. I didn't know what to expect at all, but I was so excited I didn't think twice about it.

So, there I was, marching through the lobby of the Marriott Residence Inn, walking over to the Pennsylvania Convention Center to check in for the conference. I found the Center just fine, and walking in that registration lobby I was just amazed. Now, I'm from New York City – a "big-city" boy. Still, I'd never seen that much space! I checked in, wading through that lobby with map and session list in hand, badge hanging from my neck. I peeked up from my map for brief moments, just to make sure I didn't run anyone over. I felt so isolated, wondering if other students like me were there. I looked at other's badges, but couldn't identify students and didn't know what those colored dots meant at all! I definitely felt like a very little fish in a very big pond.

I barely survived the list of sessions, and sitting in my first disease management session I started "networking." (It was more like awkward speed-dating.) People's eyes automatically jumped to my badge; I did the same. We smiled, greeted each other, and right after I let out my sigh of relief, they asked me what degree I held. Not having a degree I just blinked my eyes and said, "I'm still in school." Oh, the strange smiles I got that day! People were surprised to see me there, but genuinely happy to see an undergrad at the conference. It made me feel a lot better, and I savored the privilege that much more.

I knew that my professor would be getting to the conference on the second day. I tried to use the whole board message mail system thing, that didn't work. Luckily, just as I was at the end of my rope, I ran into her – map in hand! She gave me a hug, so happy to see me there. She explained the map to me, went through the session list – helping me identify the sessions I wanted to attend, and locate them on the map. She reassured me so much, and boosted my confidence. On top of this, when she was helping me, I felt the camaraderie in public health that I had gone to Philadelphia seeking. Once she put me on the yellow brick road, I was happily on my way.

Once my professor had set me on my way – I learned so much from the rest of the conference. The choices of sessions were overwhelming, but I remained decisive and focused on all of the managed care sessions that I was studying, and the chronic disease management sessions that I was working on. It was fascinating hearing the managed care theories that I was studying in real-life scenarios. Sometimes "textbook" learning feels disconnected, but the Medicaid sessions I attended at the Conference brought that learning to vivid life. The information given out at the chronic disease management sessions was cutting-edge; it was information that I was able to take back into my workplace. The information I learned at the conference helped to effect positive change in my workplace processes. All in all, once I overcame my initial fears, I learned a wealth of information that affected not only my undergraduate learning positively, but also my workplace.

While I felt like a little fish in a big pond while attending my first APHA Annual Conference it was a very worthwhile experience. I learned a wealth of information; information that not only helped my academic career, but positively influenced my work career as well. It was the first time that I saw the breadth of the public health network in America, and I was so proud to be a part of it. While I may be a little fish, it was great to know that I wasn't the only little fish in the public health world.

PHSC Requests Restructuring: Working to Create a National Student Voice for Public Health

By Chris Day

It has been said that the only constant in the world is change. Change is inevitable. It can be embraced or it can be stifled. It can be used to positively impact our world and the people in it, or it can have the opposite effect. The speed at which change takes place varies. In times of uncertainty, one constant remains certain; managing and influencing change requires strong leaders. In public health, the leaders who will ensure we have safer, healthier communities and a brighter future are known as, "Students." It is students who will serve as the next generation of leaders to embrace and influence change for the betterment of our society.

Throughout history, students have positively impacted the course of history. In the 1957, the Little Rock Nine, as they later came to be called, were the first black teenagers to attend all-white Central High School in Little Rock, Arkansas. These remarkable young African-American students challenged segregation in the Deep South and won. In the 1960's students at the University of California – Berkeley led the Free Speech Movement, which provided students with what became a national forum to voice discontent with issues ranging from the Vietnam War to civil rights, and to declare their unwillingness to accept the government's authority. This is all to say that students can have a profound impact on policy in our country.

Today, our nation faces a growing number of public health and healthcare challenges. We have more than 44 million people uninsured, the health status of our nation ranks 35th in the world among industrialized countries, we have growing shortages of public health and health professions workers in the field, we are engaged in a "war on terror", bioterrorism and emergency readiness, not health priorities are driving the discussions and decisions of our national leaders, globalization is increasing the need for improved communication and collaboration among the nation's of the world to prevent potential pandemics, less than one percent of our nation's total health expenditures are spent on public health, and our population is aging rapidly adding additional pressure to our already overextended health system.

Recognizing the growing need for stronger public health leadership at the national level, Jay Bernhardt and a group of pioneering student leaders in the mid 90s established the Public Health Student Caucus (PHSC) in official relations with the American Public Health Association. Since being founded in 1996, PHSC and its leadership has worked to enhance students' educational experiences and professional development by providing information, resources, and opportunities through communication, advocacy, and networking. PHSC's most notable accomplishments include: 1) establishing a National Mentoring Program in public health; 2) developing a campus liaison program; 3) gaining representation on APHA's Executive Board, Governing Council, Education Board, the *American Journal of Public Health* Editorial Board, and *The Nation's Health* Advisory Committee; 4) founding the Student Health Alliance, a coalition of 12 national student organizations representing the leadership of more than 200,000 health professions students, 5) creating a PHSC Diversity Committee to recruit and retain a diverse student membership and to help ensure the future public health workforce reflects the population it will serve; 6) working with APHA staff to establish a quarterly "Student Focus" section in *The Nation's Health*; and 7) establishing the first student chapter of PHSC at the University of Iowa College of Public Health.

Although we have had great success in a relatively short period of time, our efforts have not come without challenges. APHA is a large and complex organization with more than a century of infrastructure built up and a rich history of success, challenges and failures. As the vision of creating a national student voice in public health solidified, PHSC's leadership identified new opportunities to capture and challenges to address. Of the most significant challenges identified was PHSC's organizational structure within APHA as a caucus. A caucus, as defined in APHA's Constitution and Bylaws, is "a group of 15 or more APHA members, partisans of a particular position on an issue important to APHA, who pursue a desired result within the Association." As a student and young professional, I have always had a problem identifying with PHSC as "partisans of a particular issue." I believe that there are students and there are professionals, and while it is true that PHSC works on student issues, we also work on health issues. I might also add that there is no public health professional caucus within APHA. Since its inception, these conflicts have challenged me as well as PHSC leaders for many years.

Recognizing the critical need for the next generation of public health leaders to be well prepared to face the mounting health challenges in the field and to strengthen their voice within and outside of APHA, Resa Jones, a past PHSC President initiated PHSC's first ever strategic planning retreat at the University of Illinois in Chicago in 2002. This retreat set the stage for significant change within PHSC. It helped us prepare to take PHSC to the next level by identifying ways to strengthen PHSC's capacity to better serve all APHA student members and to begin working toward establishing a national student voice for public health. Over the course of the next two years, PHSC's leadership began to: 1) identify opportunities to strengthen its capacity by developing new programs and refining existing programs for greater impact; and 2) determine strategies to strengthen PHSC's ability to operate within APHA by working with various APHA bodies such as the Executive Board, Governing Council and the Task Force on Association Improvement and Reorganization (TFAIR); and 3) develop a proposal to restructure PHSC within APHA to better meet the needs of all student members and serve APHA.

In May 2004, Toni Rhodes Leeth presented a proposal to the APHA Executive Board to restructure the student entity within APHA. The proposal recommended changes in the student group's leadership structure, role and responsibilities, and support from APHA. The proposal underlined a desire to become more integrated into APHA, emphasized that students remain members of their respective sections, and stressed that restructuring not adversely affect other membership units (i.e., Sections, SPIGS, and Caucuses).

The Executive Board adopted a motion to approve the proposal in principle and refer the matter to TFAIR to develop a formal proposal for consideration by the Governing Council at the 2004 Annual Meeting. TFAIR formed a subcommittee on student restructuring that drafted the following recommendations for student restructuring consistent with the original PHSC proposal.

Principles for Change:

When developing the following recommendations for APHA changes to better serve the needs of student members, TFAIR determined the following principles should guide the process and recommendations:

- The goal of restructuring should be to better integrate the student group within APHA while helping them to better achieve their mission of serving all students interested in public health.
- It is important for student members of APHA to be involved in APHA leadership so that their needs and interests are represented and to help develop the next generation of APHA and public health leaders.
- Changes **should not** adversely affect other APHA membership units (i.e., Sections, SPIGS, Caucuses, Affiliates) functionally or fiscally.
- Changes **should not** reduce the numbers or roles of students in other APHA membership units.
- Changes **should not** reduce the importance of all APHA membership units to actively involve students in their activities and leadership.

These principles as well as specific recommendations to change PHSC's leadership structure, role and responsibilities, and support from APHA will be presented to the Governing Council during the annual APHA meeting in November 2004. Thanks to the strong leadership of our Board, TFAIR, and the APHA Executive Board, we are planning on being successful and expect to become more fully integrated into APHA to benefit students and the Association.

It has been a long eight years since PHSC's leaders began the uphill battle to raise the level of awareness about student issues within and outside APHA and to demonstrate that our voices, ideas and opinions need to be heard and integrated into the programs, policies and initiatives of the Association. The culmination of all our work, our passion, and our creativity come to pass at this year's Governing Council meeting. Like the student leaders in decades past who have worked hard to make a difference, PHSC now hopes to join their ranks by critically impacting the future course of student involvement in public health for decades to come.

APHA SECTION ACTIVITIES AT THE ANNUAL MEETING

PHSC encourages you to participate in your primary Section's activities at the APHA Annual Meeting in Washington, D.C. This is a great opportunity to network with students and professionals in your area of interest. Below is a list of business meetings, award ceremonies, and social hours for each of APHA's 25 discipline-based Sections.

| Section | Ses- sion | Day | Time | |
|--|--------------|--|--------------------|------------------|
| Alcohol, Tobacco and Other Drugs | 342 | ATOD Meet the Funders Session | Monday, Nov. 8 | 6:30 - 8:00 pm |
| | 432 | ATOD Awards Ceremony and Business Meeting | Tuesday, Nov. 9 | 6:30 - 8:00 pm |
| Chiropractic Health Care | 257 | Business Meeting #1 | Sunday, Nov. 7 | 4:00 - 5:30 pm |
| | 291 | Social Event with Alternative and Complementary Practices | Sunday, Nov. 7 | 6:30 - 8:00 pm |
| | 301 | Business Meeting #2 | Monday, Nov. 8 | 6:30 - 8:00 am |
| Community Health Planning and Policy Development | 213 | Policy Development Meeting | Sunday, Nov. 7 | 10:00 - 11:30 am |
| | 258 | New Members and Candidates I | Sunday, Nov. 7 | 4:00 - 5:30 pm |
| | 282 | General Membership Meeting and Section Council | Sunday, Nov. 7 | 6:00 - 7:30 pm |
| | 302 | Planning for Next Year - Nominations and Candidates | Monday, Nov. 8 | 6:30 - 8:00 am |
| | 343 | Social Hour | Monday, Nov. 8 | 6:30 - 8:00 pm |
| Environment | 203 | Business Meeting #1 | Sunday, Nov. 7 | 8:00 - 9:30 am |
| | 283 | Business Meeting #2 | Sunday, Nov. 7 | 10:00 - 11:30 am |
| | 303 | Business Meeting #3 | Monday, Nov. 8 | 6:30 - 8:00 am |
| | 345 | Social Hour | Monday, Nov. 8 | 6:30 - 8:00 pm |
| | 436 | Business Meeting #4 | Tuesday, Nov. 9 | 6:30 - 8:00 pm |
| Epidemiology | 289 | Business Meeting | Sunday, Nov. 7 | 6:00 - 9:00 pm |
| | 340 | Social Hour with Epidemic Intelligence Service | Monday, Nov. 8 | 6:00 - 8:00 pm |
| Food and Nutrition | 107 | Business Meeting | Saturday, Nov. 6 | 12:00 - 1:30 pm |
| | 114 | Business Meeting | Saturday, Nov. 6 | 2:00 - 3:30 pm |
| | 294 | Awards Reception | Sunday, Nov. 7 | 6:30 - 8:30 pm |
| | 361 | Agnes Higgins Award Lecture and Reception | Monday, Nov. 8 | 6:30 - 8:30 pm |
| Gerontological Health | 259 | Business Meeting #1 | Sunday, Nov. 7 | 4:00 - 5:30 pm |
| | 346 | Awards Reception | Monday, Nov. 8 | 6:30 - 9:30 pm |
| | 438 | Business Meeting #2 | Tuesday, Nov. 9 | 6:30 - 8:00 pm |
| HIV/AIDS | 229 | General Business Meeting | Sunday, Nov. 7 | 2:00 - 3:30 pm |
| | 260 | Networking Meeting with IH section | Sunday, Nov. 7 | 4:00 - 5:30 pm |
| | 348 | Secrets: An Educational Theatrical Production About HIV/AIDS | Monday, Nov. 8 | 6:30 - 8:00 pm |
| | 408 | Breakfast Open Meeting with HRSA | Tuesday, Nov. 9 | 7:00 - 8:00 am |
| | 441 | Open Business Meeting and Member Town Hall Meeting | Tuesday, Nov. 9 | 6:30 - 8:00 pm |
| | 456 | Awards Dinner (open to all) | Tuesday, Nov. 9 | 7:00 - 10:00 pm |
| Health Administration | 200 | Business Meeting #1 | Sunday, Nov. 7 | 7:00 - 8:30 am |
| | 214.1 | Business Meeting with Informatics Technology | Sunday, Nov. 7 | 10:00 - 11:30 am |
| | 228 | Orientation Meeting for New Members | Sunday, Nov. 7 | 2:00 - 3:00 pm |
| | 249.1 | Strategic Planning Meeting | Sunday, Nov. 7 | 3:30 - 5:00 pm |
| | 315 | Business Meeting #2 | Monday, Nov. 8 | 7:00 - 8:00 am |
| | 364 | Awards Reception | Monday, Nov. 8 | 7:30 - 9:00 pm |
| | 407 | Business Meeting #3 | Tuesday, Nov. 9 | 7:00 - 8:00 am |
| | 505 | Business Meeting #4 | Wednesday, Nov. 10 | 7:00 - 8:00 am |

Section Activities, Continued

| Section | Session | Day | Time | |
|--|---------|---|--------------------|-----------------|
| Injury Control and Emergency Health Services | 305 | New Members Breakfast and Business Meeting | Monday, Nov. 8 | 6:30 - 8:00 am |
| | 341 | Social Hour | Monday, Nov. 8 | 6:30 - 7:30 pm |
| | 429 | Business Meeting | Tuesday, Nov. 9 | 4:30 - 6:00 pm |
| International Health | 261 | Business Meeting | Sunday, Nov. 7 | 4:00 - 5:30 pm |
| | 306 | Business Meeting | Monday, Nov. 8 | 6:30 - 8:00 am |
| | 349 | Business Meeting/Social Hour | Monday, Nov. 8 | 6:30 - 8:00 pm |
| | 442 | Business Meeting | Tuesday, Nov. 9 | 6:30 - 8:00 pm |
| Maternal and Child Health | 290.0 | Business Meeting | Sunday, Nov. 7 | 6:00 - 9:00 pm |
| Medical Care | 121.0 | Business Meeting #1 | Saturday, Nov. 6 | 6:00 - 7:30 pm |
| | 284.0 | Business Meeting #2 | Sunday, Nov. 7 | 6:00 - 7:30 pm |
| | 316.0 | Business Meeting #3 | Monday, Nov. 8 | 7:00 - 8:00 am |
| | 352.0 | Business Meeting #4 | Tuesday, Nov. 9 | 7:00 - 8:00 am |
| | 506.0 | Business Meeting #5 | Wednesday, Nov. 10 | 7:00 - 8:00 am |
| Mental Health | 270.0 | Business Meeting | Sunday, Nov. 7 | 4:00 - 5:30 pm |
| Occupational Health and Safety | 208.0 | Business Meeting | Sunday, Nov. 7 | 8:30 - 11:30 am |
| | 309.0 | Business Meeting | Monday, Nov. 8 | 6:30 - 8:00 am |
| | 353.0 | Social Hour | Monday, Nov. 8 | 6:30 - 8:00 pm |
| | 404.0 | Business Meeting | Tuesday, Nov. 9 | 6:30 - 8:00 am |
| | 446.0 | Taken As Directed: A Documentary Film about the Anti-Malarial Drug, Mefloquine (Lariam) | Tuesday, Nov. 9 | 6:30 - 8:00 pm |
| | 502.0 | Business Meeting | Wednesday, Nov. 10 | 6:30 - 8:00 am |
| Oral Health | 354.0 | John W. Knutson Award Ceremony | Monday, Nov. 8 | 6:30 - 8:00 pm |
| | 447.0 | Social Hour | Tuesday, Nov. 9 | 6:30 - 8:00 pm |
| | 457.0 | Business Meeting | Tuesday, Nov. 9 | 8:30 - 10:00 pm |
| Podiatric Health | 355.0 | Business Meeting | Monday, Nov. 8 | 6:30 - 8:00 pm |
| Population, Family Planning, and Reproductive Health | 356.0 | Social Hour | Monday, Nov. 8 | 6:30 - 8:00 pm |
| Public Health Education and Health Promotion | 310.0 | Business Meeting | Monday, Nov. 8 | 6:30 - 8:00 am |
| | 357.0 | Joint Social Hour with SHES | Monday, Nov. 8 | 6:30 - 8:00 pm |
| | 411.0 | Business Meeting | Tuesday, Nov. 9 | 7:00 - 8:00 am |
| Public Health Nursing | 312.0 | Business Meeting | Monday, Nov. 8 | 6:30 - 8:00 am |
| | 412.0 | Business Meeting | Tuesday, Nov. 9 | 7:00 - 8:00 am |
| | 450.0 | Business Meeting and Social Hour | Tuesday, Nov. 9 | 6:30 - 8:00 pm |
| | 504.0 | Business Meeting - Shape the Future | Wednesday, Nov. 10 | 6:30 - 8:00 am |
| School Health Education and Services | 243.0 | Council Meeting (All Members Welcome) | Sunday, Nov. 7 | 2:00 - 5:00 pm |
| | 357.0 | Joint Social Hour with PHEHP | Monday, Nov. 8 | 6:30 - 8:00 pm |
| | 406.0 | Council Meeting (All Members Welcome) | Tuesday, Nov. 9 | 7:00 - 8:00 am |
| | 510.0 | Thinking About SHES Next Year and Beyond (All Members Welcome) | Wednesday, Nov. 10 | 7:00 - 8:00 am |
| Social Work | 274.0 | New Member Orientation and Business Meeting | Sunday, Nov. 7 | 4:00 - 5:30 pm |
| | 314.0 | Business Meeting | Monday, Nov. 8 | 6:30 - 8:00 am |
| | 358.0 | Public Health Social Worker of the Year Award | Monday, Nov. 8 | 6:30 - 8:00 pm |
| | 413.0 | Program Planning and Business Meeting | Tuesday, Nov. 9 | 7:00 - 8:00 am |
| Statistics | 453.0 | Business Meeting and Social Hour | Tuesday, Nov. 9 | 6:30 - 8:00 pm |
| Vision Care | 240.0 | Business Meeting | Sunday, Nov. 7 | 2:00 - 3:30 pm |
| | 276.0 | Business Meeting 2 | Sunday, Nov. 7 | 4:00 - 5:30 pm |
| | 362.0 | Business Meeting 3 | Monday, Nov. 8 | 6:30 - 8:30 pm |
| | 454.0 | Business Meeting 4 | Tuesday, Nov. 9 | 6:30 - 8:00 pm |

AND IN YOUR DOWN TIME...

Washington, D.C. is filled with unique neighborhoods, famous attractions, and cultural and historical treasures that should not be missed. American's capital city is home to casual cafes, trendy bistros, jazz clubs, world-class performances, and noted cultural treasures. Below is a brief listing of places to visit, eat, and enjoy the experience while you're at APHA. Each neighborhood has its own unique identity and deserves your full attention. This list is not exhaustive, and more information can be found at the official Washington, DC visitor's site, www.washington.org.

Places to Eat

Addis Ababa

2106 18th St. NW
202-232-6092
African, Ethiopian

Dukem Ethiopian Market

1114 U St. NW
202-667-8735
Ethiopian

Tryst Coffeehouse & Bar

2250 Clarendon Blvd.
202-232-5500
Coffee, Teas, Pastries

ESPN Zone-Restaurant

4101 Reservoir Rd. NW
202-783-3776
American

Naan & Beyond

1710 L St. NW
202-466-6404
Indian

1789 Restaurant

1226 36th St., NW
202-965-1789
American

Dancing Crab

4611 Wisconsin Ave., NW
202-244-1882
Seafood

Cashion's Eat Place

1819 Columbia Rd. NW
202-797-1819
American, French

Grill From Ipanema

1858 Columbia Rd. NW
202-986-0757
Brazilian

San Marco

2305 18th St. NW
202-483-9300
Italian

Reeve's Restaurant and Bakery

1306 G St. NW
202-628-635
American

High Noon

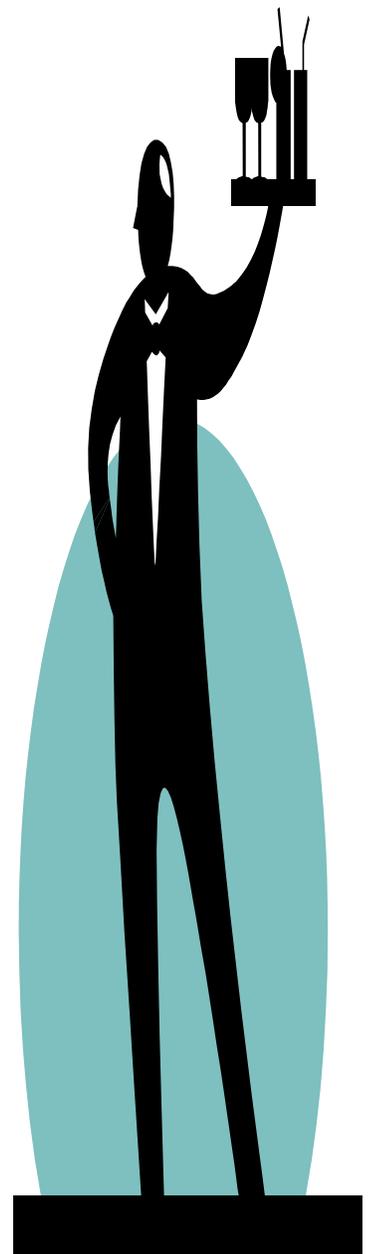
1311 F St. NW
202-783-3990
American, Vegetarian/Vegan

Café La Ruche

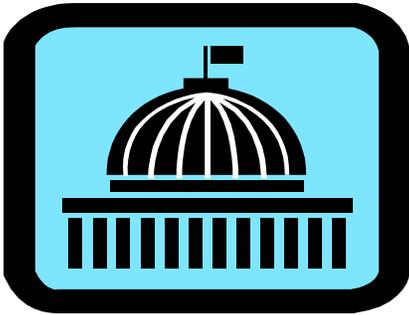
1039 31st St., NW
202-965-2694
French

Prime Rib

2020 K Street., NW
202-466-8811
Barbecue



Sites to See, Places to Visit



Lincoln Memorial

West Potomac Park at 23rd St. NW · Washington, DC (202) 426-6841 · nps.gov/linc ·
This grand monument overlooks the Reflecting Pool, the Washington Monument and the U.S. Capitol. Inside, the 19-foot marble statue of the 16th president is flanked by inscriptions of his Second Inaugural Address and the famous Gettysburg Address. Open daily except Christmas. Free. Park Ranger in attendance 8 am-midnight.
Metro: Foggy Bottom/GWU.

Washington Monument

15th St. & Constitution Ave. NW · Washington, DC 20001 · (202) 426-6841 · (800) 967-2283 nps.gov/wamo ·
One of the tallest masonry structures in the world, this majestic obelisk was dedicated in 1885 to the memory of the first U.S. president. Free elevator ride takes you to the top for a spectacular view. Open 9 am-5 pm everyday except Christmas and the 4th of July. For advance tickets call (800) 967-2283
Metro: Smithsonian.

Arlington National Cemetery

Arlington National Cemetery · Arlington, VA (703) 607-8000 · arlingtoncemetery.org ·
Arlington National Cemetery, our nation's most treasured burial ground, is home to more than 285,000 honored dead. Among the thousands of white headstones are the graves of President John F. Kennedy, Supreme Court Justice Thurgood Marshall, world champion boxer Joe Louis and the Tomb of the Unknowns. Open daily 8 am - 5 pm (to 7 pm Apr-Sept.). Free Admission.
Metro: Arlington Cemetery.

National Museum of Health and Medicine

6900 Georgia Avenue, NW (at Elder Street, NW) (202) 782-2200
The National Museum of Health and Medicine, a division of the Armed Forces Institute of Pathology, was founded as the Army Medical Museum in 1862 to study and improve medical conditions during the American Civil War. The Museum houses a collection of over one-million items including archival materials, anatomical and pathological specimens, medical instruments and artifacts, and microscope slide-based medical research collections. The collections focus particularly on the history and practice of American medicine, military medicine, and current medical research issues Open daily 10:00 a.m.- 5:30 p.m., except Dec. 25th. Photo ID required.
Metro: Takoma Park (red line), then Bus 52 or 54 to Walter Reed Army Medical Center

The Pentagon

I-395 south to Boundary, Channel Dr. · Arlington, VA (703) 695-1776 · Fax: (703) 614-1642 · Tours of the Pentagon are available to schools, educational organizations, and other select groups by reservation only. Groups interested in touring the Pentagon should contact the Pentagon Tour Office at (703) 697-1776.
Metro: Pentagon.

White House

1600 Pennsylvania Ave. NW · Washington, DC (202) 456-2200 · Fax: (202) 208-1643 · nps.gov/whho/
The home of every US president except George Washington. For a tour of the White House please contact your Congressional Representative. Requests for tours are accepted up to 6 months in advance. Tours are scheduled Tue.-Sat. 7:30am -11:30 am. All tours subject to change or cancellation. For the latest information call the 24-hour recorded information line at (202) 456-7041.
Metro: Federal Triangle; McPherson Square.

NATIONAL MENTORING PROGRAM IN PUBLIC HEALTH (NMP)

By Clea Sarnquist and Debby Herbenick

The National Mentoring Program in Public Health (NMP) began in 1998 to create mentoring relationships between public health students and practitioners. The NMP grew out of the identified need of public health students for interaction with professionals beyond their academic advisors. These outside mentors serve both to help students better understand workplace cultures and needs in community or governmental public health institutions, and help provide a unique viewpoint about intersections between public health practice and academia. Specific skills and knowledge areas addressed by past mentor/mentee pairs have included gaining a better understanding of career options, learning which skill sets are necessary for a career in public health, finding internships and/or jobs, and receiving additional feedback on research and dissertation ideas.

The NMP is a project of the Public Health Student Caucus (PHSC), which is an official caucus of the American Public Health Association (APHA). In its six year history, the NMP has attracted a wide variety of national and international mentors and mentees from a variety of fields. It is hoped that this network will strengthen the field of public health by fostering interdisciplinary relationships, better preparing public health students to enter the public health workplace, and promoting the growth and development of strong and committed public health leaders.

Today, with over 300 mentors and mentees matched or waiting to be matched, the NMP has outgrown its current registration and matching process. Therefore, the PHSC is searching for mentoring program models that might be effective for the NMP, and is also seeking funding to support a new model. The model currently envisioned will allow each student to peruse mentor profiles online and choose the mentor that best meets his/her needs. The student will then e-mail the NMP Committee about their choice for a mentor, and the mentor will be contacted with the student profile. Once the mentor has agreed to the match, both parties will be sent the other's contact information as well as support tools for creating an effective mentoring relationship. It is hoped in the future that there will also be more support available to help mentor/mentee pairs maintain their relationship.

If you have experience working with mentoring programs and/or finding funding for such programs, or have other suggestions or advice about how the NMP can better serve its rapidly-growing population, please contact the co-chairs, Debby Herbenick, at mentoring1@phsc.org, or Clea Sarnquist, at mentoring2@phsc.org. If you are interested in becoming a mentor or mentee, please register online at www.apha.org/ppp/mentoring/.

PHSC 2005 OFFICER ELECTIONS

The 2004-2005 Executive Board elections are here! Thank you all of those who expressed interest in PHSC, and we hope that you will find additional ways to stay involved. After much hard work the Nominations Committee has chosen several excellent candidates for the leadership positions of President-Elect, Secretary, and Treasurer. The elections ran for two weeks from October 8th - 22nd, 2004, and winners will be announced Sunday, November 7th. Please email Elizabeth Bernabeo, MPH, Chair of the Nominations Committee for more information about elections, at nominations@phsc.org. Thank you for your time and continued interest in the strong leadership of PHSC.

Jay M. Bernhardt Awarded PHSC Friend of the Caucus Award

In honor of his continuing contributions to the advancement of PHSC, Jay M. Bernhardt, Ph.D., M.P.H., the founder of PHSC, was chosen as this year's recipient of PHSC's Friend of the Caucus Award. The award "is given annually to an individual who has been very influential in the success of PHSC activities, programs or initiatives."

Dr. Bernhardt joined APHA in 1992, during the first year of his M.P.H. program, and has been actively involved in the organization ever since. He is currently an Executive Board Member of APHA, has served on several committees within APHA, and has been active in APHA's Public Health Education and Health Promotion Section.

From 1994-1996, Dr. Bernhardt worked to make the vision of an active PHSC a reality. PHSC was officially recognized by APHA in January 1996 and Dr. Bernhardt served as PHSC's first President from 1996-1997. He has continued to be involved in numerous PHSC activities and since 2001 has served on PHSC's Advisory Board.

In response to being selected for the award Dr. Bernhardt said, "I am incredibly honored to be the 2004 recipient of the Friend of the Caucus Award. I also want to point out that the people who deserve the most credit for the many recent successes of the Caucus are its members and leaders who work so hard on behalf of the organization and all students in public health. They are the ones who are making a huge difference now, and I suspect will continue to do so throughout their careers."

Dr. Bernhardt's enthusiasm and involvement as a student set the stage for his professional career. His current appointment is as an Assistant Professor in the Department of Behavioral Sciences and Health Education and the Director of the Center for Public Health Communication at the Rollins School of Public Health, Emory University, Atlanta, Georgia. His research focuses on "understanding how health messages impact people and how to effectively develop and deliver health information for the biggest positive impact."

Through his work with PHSC and as a professor, Dr. Bernhardt has been supportive and influential in the lives of many students. "The biggest thing that has impacted how I relate to students is the way I was treated as a student," explained Dr. Bernhardt. "I always appreciated the professors who knew how to listen and who were willing to share their perspectives on issues outside the classroom. I vowed then to be an 'accessible' professor and to try to make a difference in the lives of my students the way many of my great professors had done for me."

Based on his experience, Dr. Bernhardt advises students that "while you are a student is the best time to learn about different fields and experiences, join lots of different groups (while you still get student discounts), become active in organizations and leadership, meet the key people in your field and figure out ways to help them, work with them, and learn from them." Dr. Bernhardt cherishes his experiences with APHA and PHSC because they have taught him "that people really *can* make a difference if they bring people together and work hard towards a strategic goal and shared vision." This year's Friend of the Caucus Award honors the difference that Dr. Bernhardt has made to PHSC.

Recipients of the Friend of the Caucus Award are nominated by members of PHSC. Past winners include Georges Benjamin (2003), APHA Executive Director, Barbara Hatcher (2002), APHA Director of Scientific and Professional Affairs, Ultan Cleary (2001), Webdez Solutions, John R. Moore (2000), past Chair of APHA's Intersectional Council, and Barbara Reck (1999), APHA Director of Membership.

This year's award will be presented at the upcoming APHA Annual Meeting, during the PHSC Welcome & Orientation on Monday, November 8th from 12:30-2:00 PM. Bring your creative ideas and an open mind to Washington, DC for this session and the rest of this year's APHA Annual Meeting. Great developments have come out of past Annual Meetings. As Dr. Bernhardt pointed out, "The first Annual Meeting I attended was in San Francisco, and that's where the idea for the PHSC was born."

THANK YOU 2003-2004 PHSC BOARD!

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